



# 13<sup>th</sup> International Rhythmic Gymnastics Tournament ***"SALINES CUP - TUZLA 2024"***





## DIRECTIVES

Dear friends,

We have a great pleasure to invite you to participate in the **13<sup>th</sup> International Rhythmic Gymnastics Tournament "SALINES CUP – TUZLA 2024"**.

The competition will be held in Tuzla, Bosnia and Herzegovina on 02. – 03. March 2024.

<b>ORGANIZING COMMITTEE</b>	Krsg "Sloboda", Tuzla 75000, Aleja Alije Izetbegovića 37 Contact person: Svitlana Tinjić tel: + 387 62 900 255; +387 66 386 190 e-mail: rg.sloboda.tuzla@gmail.com
<b>LOCATION</b>	Tuzla, Bosnia and Herzegovina
<b>DATES</b>	02. – 03. March 2024.
<b>VENUE</b>	Sport hall <b>"MEJDAN"</b> Address: Bosne Srebrene bb Tuzla, Bosnia and Herzegovina  

<b>SCHEDULE</b>	<p><b>Friday 01.03.2024.</b> - Arrival of delegations</p> <p><b>Saturday 02.03.2024.</b> - Competition day - Awards ceremony</p> <p><b>Sunday 03.03.2024.</b> - Competition day - Awards ceremony - Departure of delegations</p>
<b>SIZE OF THE DELEGATION</b>	<p>unlimited number of gymnasts 1-3 coach 1 judge (obligatory)</p>
<b>JUDGES</b>	<p><b>Each club must provide at least 1 judge with national level or FIG Brevet.</b></p> <p>If your delegation chooses to participate without a judge a fee of 50 EUR must be paid in cash upon arrival.</p>
<b>REGISTRATION DEADLINES</b>	<p>Registration until 12.02.2024. KSIS: <a href="https://www.rgform.eu/event.php?id_prop=4944">https://www.rgform.eu/event.php?id_prop=4944</a></p>
<b>ENTRY FEES</b>	<p>40 € per gymnast – Individual program 20 € per gymnast– Group exercises 20 € per gymnast–Duo/ trio</p>
<b>ACCOMMODATION</b>	<p>We don't make reservations for accommodation but we can suggest:</p> <p><b>Hotel **** “Salis“</b> Address: Ulica Soli 4, Tuzla 75000</p> <p>Link: <a href="https://www.hotelsalis.ba/">https://www.hotelsalis.ba/</a></p>
<b>TRANSPORTATION</b>	<p>The organizer will provide transportation of your delegation from Sarajevo airport to Tuzla (100km) and back, that will cost 35 EUR per person.</p> <p><i>There is an International airport in Tuzla, we encourage you to check with your travel agency for direct flights to Tuzla.</i></p>
<b>INSURANCE</b>	<p>All delegations are responsible to have the necessary coverage in case of accidents or illness, therefore all participants are advised to look for and provide adequate insurance cover.</p>

<b>OFFICIAL FLAG</b>	Please bring with you the official flag of your country.
<b>MUSIC</b>	<p>All music must be uploaded to KSIS by <b>20.02.2024</b>.  <a href="https://www.rgform.eu/event.php?id_prop=4944">https://www.rgform.eu/event.php?id_prop=4944</a></p> <p>But also please have a <u>USB stick</u> with music available with you.</p>
<b>AWARDING:</b>	<ul style="list-style-type: none"> <li>➤ Awarding for individual exercises will be by year of birth except for seniors</li> <li>➤ A Level awarding by apparatus and all around</li> <li>➤ B Level and B Light Level awarding by apparatus</li> <li>➤ All gymnasts will receive diplomas and presents</li> </ul>
<b>SPECIAL PRIZES:</b>	<ul style="list-style-type: none"> <li>➤ Miss Charm</li> <li>➤ Miss Elegance</li> <li>➤ Miss Flexibility</li> <li>➤ Miss Audience</li> </ul>

## CATEGORIES AND TECHNICAL PROGRAM OF THE COMPETITION

### INDIVIDUAL EXERCISES

Year of birth	LEVEL A	LEVEL B	LEVEL B light	NACIONALNI
<b>2016 and younger</b> <i>ranking will be separated by age</i>	2 exercises by choice <i>FIG Code rules for juniors</i>	without apparatus	without apparatus	without apparatus
<b>2015 2014 2013</b> <i>ranking will be separated by age</i>	2 exercises by choice <i>FIG Code rules for juniors</i>	1 exercise by choice <i>FIG Code rules for juniors</i>	1 exercise by choice <i>FIG Code rules for juniors</i>	1 exercise by choice
<b>2012 2011</b> <i>ranking will be separated by age</i>	2 apparatus by choice <i>FIG Code rules for juniors</i>	1-2 exercises by choice <i>FIG Code rules for juniors</i>	1 exercise by choice <i>FIG Code rules for juniors</i>	1 exercise by choice
<b>Juniors 2010 2009</b> <i>ranking will be separated by age</i>	2 apparatus by choice <i>FIG Code rules for juniors</i>	1-2 apparatus by choice <i>FIG Code rules for juniors</i>	1 apparatus by choice <i>FIG Code rules for juniors</i>	1 exercise by choice
<b>Seniors 2008 and older</b>	2 apparatus by choice <i>FIG Code rules for seniors</i>	1-2 apparatus by choice <i>FIG Code rules for seniors</i>	1 apparatus by choice <i>FIG Code rules for seniors</i>	1 exercise by choice

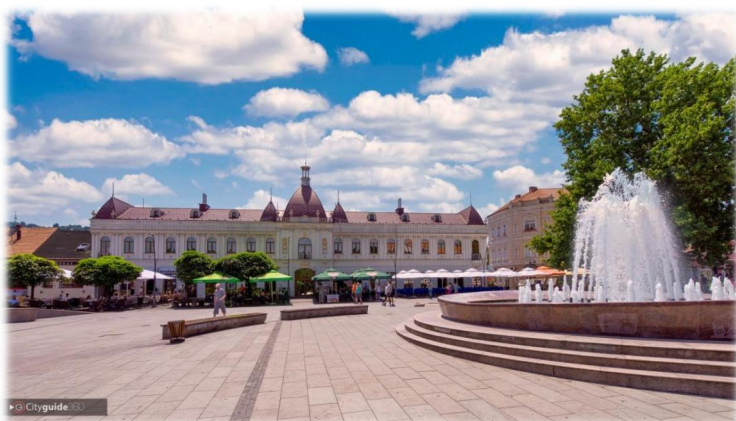
For the without apparatus routines, DB maximum of 7 Difficulties of body, and maximum of 3 R.

R = Dynamic elements with rotation in exercises without apparatus calculated as follows:

R (min two uninterrupted rotation/pre-acrobatic elements without repetition groups in another R) = 0,20.

## **GROUP EXERCISES**

<b>Year of birth</b>	<b><u>A Level</u></b> <b>5-6 gymnasts</b>	<b><u>B level</u></b> <b>4-6 gymnasts, duo, trio</b>	<b><u>C Level</u></b> <b>8 and more gymnasts</b>
<b>2016 and younger</b>	1 exercise by choice	1 exercise by choice	1 exercise by choice
<b>2015 – 2013</b>	1 exercise by choice	1 exercise by choice	1 exercise by choice
<b>2013 – 2011</b>	1 exercise by choice	1 exercise by choice	1 exercise by choice
<b>Juniors</b>	1 exercise by choice <i>FIG Code rules for juniors</i>	1 exercise by choice	1 exercise by choice
<b>Seniors</b>	1 exercise by choice <i>FIG Code rules for seniors</i>	1 exercise by choice	



*We are looking forward to seeing  
you  
in Tuzla, Bosnia and Herzegovina!*