



Rhythmic Gymnastics International Tournament

«Grand Prix Uzbekistan»

December 7-11, 2023
Tashkent, Uzbekistan

Uzbekistan Gymnastics Federation has the honor to invite you to take part in the First Rhythmic Gymnastics International competition "Grand Prix Uzbekistan".

DISCIPLINE	Rhythmic Gymnastics
ORGANIZER	<p>Uzbekistan Gymnastics Federation Contact person: Timur Abduvaliev Address: 100100 Uzbekistan, Kurgazma Str. 103A, Tashkent Phone: +998 71 2352799 Mobile phone: +998 97 7722421 Email: uzb.gym.fed@gmail.com Web-site: www.gymnastics.uz</p>
MANAGEMENT OF COMPETITION	<p>The general management of the organization and holding of competitions is carried out by the Ministry of Youth Policy and Sports of the Republic of Uzbekistan and the Uzbekistan Gymnastics Federation. Direct arrangement of competitions is assigned to Uzbekistan Gymnastics Federation and the main judging panel.</p>
DATES	December 7-11, 2023
VENUE	<p>Tashkent, Uzbekistan Republican specialized youth and children sport school in Gymnastics Address: Uzbekistan, Tashkent, 2A Korhoja Ota Str. Phone: +998712358930 Email: uss.sport@mail.ru Web-site: www.uss.sport.uz</p>
RULES AND REGULATIONS	<p>Event will be organized in accordance with the rules of the International Gymnastics Federation, valid for the year of the event.</p>
PARTICIPANTS	<p>Representatives of National Sports Federations, sports clubs, as well as teams of regional sports centers of Uzbekistan. Accessible for: Gymnasts - 2007 birth year and before</p>
JUDGES	<p>Judges with a valid International or National judging category.</p>

COMPOSITION OF THE DELEGATION	<p>RGI: 2 gymnasts 2 coaches 1 judge 1 head of delegation 1 doctor</p> <p>RGG: 5-6 gymnasts 2 coaches 1 judge 1 head of delegation 1 doctor</p>
REGISTRATION DEADLINES	Registration for the competition will be accepted until November 7, 2023
COMPETITION FORMAT	The competition is held in group and individual exercises. A maximum of 2 gymnasts and / or 1 group are allowed to participate. All-around competitions and finals are held.
TECHNICAL DELEGATE	Gyozal Muminova - AGU RG Technical Committee President
PROVISIONAL PROGRAM	07. 12. 2023 – Arrival of the delegations 08. 12. 2023 – Official training 09. 12. 2023 – RGI & RGG All around competitions 10. 12. 2023 – RGI & RGG Apparatus Finals 11. 12. 2023 – Departure of the delegations
AWARDS	Gymnasts taking 1-3 places in RGI & RGG All-around as well as in RGI & RGG Apparatus Finals are awarded with medals, gifts and diplomas.
MEDICAL SERVICES	The organizer will provide emergency medical assistance during the competition. The responsibility for the health and life safety of the participants lies on the person accompanying them.

VISA	<p>Please check with your travel agent or the Uzbekistan embassy or consulate in your country whether a visa is required for your trip to Uzbekistan. The LOC will be pleased to assist each member of the delegation in obtaining an official letter of invitation, provided that the request is made before November 7, 2023 to the LOC.</p> <p>The request should include the function, full name, gender, date of birth, citizenship and passport number, passport validity period, dates of arrival and departure of the delegation member, and the city to which the letter of support is to be sent.</p>
INSURANCE	<p>The Host Federation and the LOC will not be held responsible for any liabilities in case of accidents, illness (including COVID-19), repatriation and the like.</p> <p>The Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and repatriation for all the members of their Delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory.</p> <p>All participating federations must provide health, accident and repatriation insurance for all members of their delegation. The LOC will verify the insurance coverage upon arrival of the members of the delegation (e.g. supporting note or photocopy of a valid insurance certificate). The insurance must be valid at least from the day the delegation arrives and must be valid for the duration of the delegation's stay.</p>
ACCREDITATION	<p>Representative of the delegation should present:</p> <ul style="list-style-type: none"> - All delegation members' passports - Medical insurance - 2 CDs with music for each participant - CD with national anthem - Flag
INTERNATIONAL TRANSPORT	<p>Invited organizations must pay for the travel of their delegation members themselves.</p> <p>The Travel form must be returned to the Organizing Committee by November 23, 2023.</p>
LOCAL TRANSPORT	<p>The transportation expenses for all accredited persons from the airports of Tashkent city to the hotels and back, as well as from the hotels to the competition venue and back will be at the expense of the Organizer in case the hotel will be booked through the Organizer</p>
ACCOMMODATION OF THE FOREIGN PARTICIPANTS	<p>Delegation requests will be accepted until November 7, 2023</p> <ol style="list-style-type: none"> 1. Hotel «GYM Hotel» Double room - 300 000 UZS (per night / per person / without breakfast) Triple room - 250 000 UZS (per night / per person / without breakfast) 2. Hotel «EXPO HOTEL» Single room - 500 000 UZS (per night / per person / with breakfast) Double room - 400 000 UZS (per night / per person / with breakfast) 3. Hotel «PAKHTAKOR ATHLETICS» Single room - 350 000 UZS (per night / per person / without breakfast) Double room - 300 000 UZS (per night / per person / without breakfast) <p>At the request of the National Federations, the organizing committee will provide accommodation and meals for: 1 gymnast, 1</p>

	coach and 1 judge	
ENTRIES FOR PARTICIPATION	Visa request	November 7, 2023
	Participation entry	November 7, 2023
	Accommodation request	November 7, 2023
	Travel form	November 23, 2023

This regulation is an official invitation to the competition

Uzbekistan Gymnastics Federation
 Vice-president
 Muminova G.B.

