




24th HAPPY CUP 2022
International Tournament in Rhythmic Gymnastics
Ghent, BELGIUM
11-13 / 11 / 2022



DIRECTIVES



Dear friends,
HAPPY GYM BELGIUM has the pleasure to invite your federation / club to participate in the
aforementioned official International Event.

DISCIPLINE	Rhythmic Gymnastics
HOST FEDERATION	FEDERATION ROYALE BELGE DE GYMNASTIQUE Mrs. Sylvie Ronsse Roodebeeklaan, 44 B-1030 Brussel Tel: + 32 2 234 38 38 Fax: + 32 2 230 06 69 E-mail: info@kbt-frbg.be Website: www.frbg-kbt.be
LOCAL ORGANIZING COMMITTEE	HAPPY GYM Mr. Edwin DE BACKER Moortelputstraat, 32 B-9031 GHENT – BELGIUM Tel: +32 – 9 – 281.02.22 Fax: +32 – 9 – 233.30.22 E-mail: happycup.rg@gmail.com Website: www.happygym.be
LOCATION	GHENT - BELGIUM
DATE	11-13 / 11 / 2022
VENUE	SPORTHAL “KEISKANT” Keiskantstraat, 3 B- 9031 Gent - BELGIUM Tel.: +32 - 9 – 226.06.56 Fax: +32 - 9 - 236.12.89 
APPARATUS SUPPLIER	Floor: FIG certified Spieth RG competition carpet (Beijing) 14 x 14 m Reference number 1790581 (FIG ID 606) Competition Hall: 1 Warm-up Area: 1

	Replacement apparatus: Hoop FIG ID 423 Ball FIG ID 419 Clubs FIG ID 421 Ribbon (Sr.) FIG ID 427 Ribbon (Jr.) FIG ID 614 Ribbon Cane: FIG ID 428								
HAND APPARATUS	<p>The changes of the Apparatus Norms for the Hand Apparatus valid for Apparatus Manufacturers and Gymnasts enter into force from 01 January 2019. The list of the RG Hand Apparatus with valid certificates is published on the FIG website and updated regularly. Make sure that your gymnasts use only FIG certified Hand Apparatus for this event and for any other FIG recognized competitions, as they will not be allowed to compete with an Apparatus which does not comply with the norms.</p> <p>Random checks on the FIG and Manufacturers' Logos will be carried out at any time during the Event.</p>								
PROVISIONAL SCHEDULE	<p>10.11.2022: Arrival day of the delegations and meeting of the delegations</p> <p>11.11.2022: Judges meeting and drawing of lots Qualification (2 apparatus)</p> <p>12.11.2022: Qualification (2 apparatus)</p> <p>13.11.2022: Touristic visit of the city Ghent Judges meeting and drawing of lots Finals per apparatus (13.30h) Final Banquet (21h)</p> <p>14.11.2022: Departure of the delegations</p>								
EVENT FORMAT	<p>Individual Competition</p> <p><u>Qualification All-Round (Junior & Senior):</u> All individual gymnast have to participate in the qualifications. In case of a tie at any place, the tie-breaking rules as set up to the Technical Regulation Section 3 Art. 3.4.1.1</p> <p><u>Apparatus Final</u> The best 6 gymnasts of the Qualifications on each of the 4 apparatus of the program are designated to participate in the Individual Apparatus Final. Maximum 1 gymnast per country per final.</p>								
FEDERATIONS INVITED	<p>The Organizing Member Federation will invite all Member Federations according to the following principles: all FIG member federation in good standing.</p> <p>Delegation: The maximum size of the invited delegation is as follows:</p> <table><tr><td>Gymnasts</td><td>4</td><td rowspan="2">Preferably in different categories</td></tr><tr><td>Coach</td><td>1</td></tr><tr><td>Judge</td><td>1</td><td>Compulsory</td></tr></table>	Gymnasts	4	Preferably in different categories	Coach	1	Judge	1	Compulsory
Gymnasts	4	Preferably in different categories							
Coach	1								
Judge	1	Compulsory							
AGE LIMITS	<p>Junior: 2007-2008-2009 (13-15 years old)</p> <p>Senior: 2006 and older (from 16 years old)</p> <p>All gymnasts must have a valid FIG licence until the end of the event.</p>								












JUDGES AND JURIES	<p>The participating member federations must send minimum 1 qualified judge if they participate with individual gymnasts.</p> <p>For the FIG-competition Senior and Junior – All judges must have a current valid FIG-Brevet (XV cycle) at the time of the event for the respective discipline (RGI). Priority will be given to the highest categories.</p> <p>The Organizing Member Federation will apply a fine of 100 EUR per missing judge (to be paid to the LOC by 31 October 2022) should a federation fail to bring the required number of judges or judges without the requested qualification (brevet).</p>
REGISTRATION DEADLINE	<p>ONLINE REGISTRATION VIA: ksis - Scripting, Registration & Scoring System (rgform.eu)</p> <p>Preliminary inscription: 01.10.2022</p> <p>Definitive inscription: 15.10.2022</p>
ENTRY FEES	<p>The Entry fee for this event will be 50,00 EUR / gymnast (non-refundable)</p>
ACCOMMODATION	<p>HOTEL HOLIDAY INN EXPO</p> <div data-bbox="493 945 970 1263" data-label="Image"> </div> <div data-bbox="978 945 1458 1263" data-label="Image"> </div> <p>The hotels' prices are per person and per night, including breakfast.</p> <ul style="list-style-type: none"> - Triple room: 60,00 EUR (limited number of rooms) - Double room: 60,00 EUR - Single room: 110,00 EUR <p><i>(these rates are only valid for 4 nights from Thursday 10 November until Monday 14 November 2022)</i></p> <p>Extra persons must pay the price mentioned above +25,00 EUR per day</p> <p>There is a tourism tax (2,83€) to be paid per person (from 18y.o) per night.</p> <p>The invited participating delegations must pay for the accommodation expenses of their own delegation members.</p> <p>The costs for the accommodations must be paid to the LOC by bank transfer before 15 October 2022.</p> <p style="text-align: center;">Beneficiary name: HAPPY GYM vzw Bank name: ING België NV IBAN: BE69 6305 1018 3178 BIC: BBRUBEBB</p> <p>Cancellations or changes in the delegation should be notified to the LOC before 20.10.2022. Afterwards all costs must be paid and accommodation cannot be guaranteed.</p>

	<p>While the Accommodation Form must be returned to the LOC by 15.10.2022 at the very latest, the hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates.</p> <p>Proof of payment must be shown to the LOC upon arrival.</p> <p>All delegations must stay in the official hotel of this event, to make it possible to organise the transport and meals.</p>	
MEALS	<p><i>Breakfast</i> is included in the accommodation expenses (also for extra persons).</p> <p><i>Lunch</i> will be provided by the organizers in the hotel on Friday, Saturday and Sunday (only for gymnasts, coaches and judges and only if hotel reservations are made through the LOC).</p> <p><i>Dinner</i> will be provided by the organizers in the competition hall on Friday and Saturday (only for gymnasts, coaches and judges and only if hotel reservations are made through the LOC)</p> <ul style="list-style-type: none"> - <u>Thursday</u>: Dinner-boxes can be ordered; Costs: € 8,50 per box. Form must be returned by 15.10.2022 <p>The LOC can provide lunch (€25,00) and dinner (€15,00) for other/extra persons (if hotel reservations are made through the LOC). The costs of the meals are per person and per meal.</p> <p>The Meals Form must be returned to the LOC by 15.10.2022 at the very latest.</p>	
FINAL BANQUET	<p>The banquet will be held on Sunday after the finals and is free of charge for the participants / delegation (gymnasts, coach, judge).</p> <p>Extra persons can buy tickets at the price of € 25,00 per person. The tickets for the Final Banquet must be paid to the LOC by 15 October 2022.</p>	
INTERNATIONAL TRANSPORT	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by 15.10.2022</p>	
LOCAL TRANSPORT	<p>Arrival at the Railway Station Ghent-Sint-Pieters:</p>	<p>Representatives of the organizing committee will meet your delegation at Ghent train station on Thursday 10.11.2022. The costs are at charge of the LOC.</p>
	<p>Arrival at Brussels International Airport (Zaventem):</p>	<p>For the arrival on Thursday 10.11.2022 or sooner, the local transportation costs will be covered by the LOC for minimum 4 persons.</p> <p>There is also a direct railway line (https://www.belgiantrain.be/en) to</p>

	<table border="1"> <tr> <td data-bbox="496 159 938 264"></td><td data-bbox="938 159 1476 264">Ghent Sint-Pieters where the LOC can pick you up.</td></tr> <tr> <td data-bbox="496 264 938 618">Arrival at Brussels South Airport (Charleroi):</td><td data-bbox="938 264 1476 618"> <p>The LOC can organise the transport (90 minutes from Ghent) at a charge of 15 EUR per person per ride (minimum 4 persons).</p> <p>There is a shuttle bus service – www.flibco.com</p> <p>Nine shuttles per day are organised from/to Ghent Train station.</p> </td></tr> </table> <p>The LOC will take in charge transportation costs for all (minimum 4) accredited people from the hotel to the competition hall (and vice – versa).</p> <p>The LOC will organise the local transportation only if hotel reservations are made through the LOC.</p>		Ghent Sint-Pieters where the LOC can pick you up.	Arrival at Brussels South Airport (Charleroi):	<p>The LOC can organise the transport (90 minutes from Ghent) at a charge of 15 EUR per person per ride (minimum 4 persons).</p> <p>There is a shuttle bus service – www.flibco.com</p> <p>Nine shuttles per day are organised from/to Ghent Train station.</p>
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CITY TOUR	<p>Depending on the COVID-rules we hope to be able to organise the city tour this year.</p> <div data-bbox="496 1010 1038 1189">  </div> <div data-bbox="1062 943 1441 1189">  </div>				
VISA	<p>Please verify immediately with your travel agent or the Belgian Embassy or Consulate in your country if a visa is required for your travel to Belgium. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, if the request is made before 01.10.2022 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>				
INSURANCE	<p>The Host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresees that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their delegation.</p> <p>Basic insurance (sickness, accident and repatriation) in your country of residence is compulsory in order to be able to benefit from coverage by FIG IMSSA subsidiary insurance. Please also refer to https://www.gymnastics.sport/site/pages/medical-insurance.php for additional information regarding the FIG IMSSA insurance for Athletes and Judges. The LOC will verify the insurance coverage upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). The</p>				

	<p>insurance must be valid at least starting from the arrival day of the delegation and must last for the delegations' entire stay</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance. The OC will subsequently offer insurance at the Federations own charge as follows: 10 EUR per person/day.</p>
FINANCIAL OBLIGATIONS	<p>Federations which have not fulfilled their financial obligations towards the Local Organizing Committee by the given deadline in the invitation, may still have the possibility to participate, but the LOC will not guarantee the hotel booking, meals and local transportation.</p>
BANK ACCOUNT INFORMATION	<p>Beneficiary name: HAPPY GYM vzw Bank name and address: ING België NV – Marnixlaan, 24 – 1000 Brussels IBAN: BE69 6305 1018 3178 BIC: BBRUBEBB</p> <p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows: RG HAPPY CUP 2022 – BELGIUM. The participating Federation is responsible for covering all bank fees in connection with the bank transfers.</p>
EVENT MANAGER	<p>Mr. Edwin De Backer (President of the LOC)</p>
MEDICAL SERVICES	<p>First Aid (EHBO)</p> <p><u>Nearest Hospital:</u> AZ JAN PALFIJN Watersportbaan, 5 – 9000 Gent Tel.: +32 – 9 – 224 71 11 E-mail: info@janpalfijngent.be</p>
CANCELLATION POLICY	<p>Cancellations or changes in the delegation must be notified to the LOC before 15.10.2022. Afterwards all costs must be paid and accommodation cannot be guaranteed.</p> <p>No refund possible if later arrival or early departure.</p>
COVID-19	<p>Besides the medical guidelines for the particular event, FIG also requires all the participants to follow the standard precautions. The FIG requires all participants, judges and officials to take standard precautionary measures, such as frequent hand-washing, wearing masks or face coverings at all times and keeping a physical distance of at least 1.5 meters whenever possible. The only situation in which the safety distance does not have to be respected is when a coach provides assistance (catch, lead, spotting) during an athlete's performance. This phase must be kept as short as possible and the assisting person is obliged to wear a mask throughout. Directives 3 / 4 Gymnasts do not need to wear a mask or face covering while they are performing at the training venue or on the FOP and keeping a physical distance of at least 1.5 meters whenever possible.</p>

	<p>You can find all actual information with Covid-19 at the following link: Guidelines Belgian government: https://www.info-coronavirus.be/en/faq/</p>																						
MUSIC	<p>Music's (mp3) must be send no later than 15.10.2022 to happygymcup.rg@gmail.com</p>																						
DEMO GALA	<p>On Sunday November 14th 2022, after all finals and before the price ceremony, there will be a small Demonstration Gala. Gymnasts are welcome to present 1 short exhibition (max. 3 min). Clubs can let us know by e-mail (happygymcup.rg@gmail.com) before 20.10.2022.</p> <p>It is possible we will not be able to accept all demonstrations due to the time limit (max. 10 demonstrations, including the demonstration of the organizing club).</p>																						
RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> • Statutes • Technical Regulations • Code of Points and relevant Newsletters • General Judges' Rules • Specific Judges' Rules • Doping Control Rules • License rules (except for non competitive events) • Media Rules • Apparatus Norms • FIG Rules for Sanctioning (approval) of International Events • Advertising and Publicity Rules <p><i>and subsequent decisions of the FIG Executive Committee</i></p>																						
DEADLINES SUMMARY	<table border="1"> <tr> <td>Preliminary Registration</td><td>1 October 2022</td></tr> <tr> <td>Definitive & Nominative Registration</td><td>15 October 2022</td></tr> <tr> <td>Visa Request Form</td><td>1 October 2022</td></tr> <tr> <td>Accommodation Form</td><td>15 October 2022</td></tr> <tr> <td>Meals Form</td><td>15 October 2022</td></tr> <tr> <td>Payment of the Entry Fee</td><td>15 October 2022</td></tr> <tr> <td>Payment of the Accommodation Costs</td><td>15 October 2022</td></tr> <tr> <td>Payment of the Meals</td><td>15 October 2022</td></tr> <tr> <td>Travel Schedule Form</td><td>15 October 2022</td></tr> <tr> <td>Payment of the Final Banquet (extra persons)</td><td>20 October 2022</td></tr> <tr> <td>Payment of the fine for missing Judge</td><td>11 November 2022</td></tr> </table>	Preliminary Registration	1 October 2022	Definitive & Nominative Registration	15 October 2022	Visa Request Form	1 October 2022	Accommodation Form	15 October 2022	Meals Form	15 October 2022	Payment of the Entry Fee	15 October 2022	Payment of the Accommodation Costs	15 October 2022	Payment of the Meals	15 October 2022	Travel Schedule Form	15 October 2022	Payment of the Final Banquet (extra persons)	20 October 2022	Payment of the fine for missing Judge	11 November 2022
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ADDITIONAL INFORMATION	<p>At the time of this tournament, there will be held a competition for younger gymnasts (age categories: 2010-2013) and non-fig juniors and seniors. For more information contact organizing committee.</p>																						

CATEGORIES AND REGULATION												
HOPES (°2012-2013) 2 routines Free + Choice Apparatus	Without Apparatus + CHOICE Final: 	Difficulty (D): Max. 7 difficulties (more is allowed, but will not be counted) Min. 1 difficulty from each group of body movement Min. 2 dance step combination (8") Min. 1 AD Max. 4 R										
PRE-JUNIORS (°2010-2011) 2 routines 2 apparatus	 + CHOICE Final: 	Difficulty (D): Max. 7 difficulties (more is allowed, but will not be counted) Min. 1 difficulty from each group of body movement Min. 2 dance step combination (8") Min. 1 AD Max. 4 R										
JUNIORS FIG + non-FIG (°2007-2009) FIG-program	   											
SENIORS FIG + non-FIG (°2006 and older) FIG-program	   											
FINALS	Maximum 1 gymnast per country. The organizing club (Happy Gym) can add 1 gymnast in every final (all categories). <table border="1"> <tr> <td>Hopes</td><td>Hoop</td><td rowspan="2">First 6 gymnasts from the all-round competition</td></tr> <tr> <td>Pre-Juniors</td><td>Ball</td></tr> <tr> <td>Juniors</td><td>Rope, Ball, Clubs, Ribbon</td><td rowspan="2">First 6 gymnasts in each apparatus of the all-round competition</td></tr> <tr> <td>Seniors</td><td>Hoop, Ball, Clubs, Ribbon</td></tr> </table>		Hopes	Hoop	First 6 gymnasts from the all-round competition	Pre-Juniors	Ball	Juniors	Rope, Ball, Clubs, Ribbon	First 6 gymnasts in each apparatus of the all-round competition	Seniors	Hoop, Ball, Clubs, Ribbon
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The organising committee hopes to see you in Ghent,



E. DE BACKER
 President Happy Gym Ghent
 Belgium
www.happygym.be
happygym.be@gmail.com



Mira BANCHEVA
 Head Coach
 FIG-Judge



Roumiana Bourova
 Head Coach
 FIG-Judge