



## GRAND DUCHY CUP 2021

DISCIPLINE	Rhythmic Gymnastics
LOCAL ORGANIZING COMMITTEE	<p>Aspelt Gym Academy          Kristina Savickaitė (EN, RU, FR, ES, LT)          +352 661 143 070          Olha Denkovych (RU)          +352 661 804 313          E-mail: <a href="mailto:grand.duchy.cup@gmail.com">grand.duchy.cup@gmail.com</a>  <a href="http://www.aspeltgymacademy.eu">www.aspeltgymacademy.eu</a></p>
LOCATION	<p>Centre sportif Romain Schroeder          10 Munnereferstrooss, L-5750 Frisange          LUXEMBOURG</p>
DATE	10-11/7/2021
DELEGATION	<p>Not limited number of gymnasts (max 2 per category) (there is a general limitation of number of gymnasts due to sanitary situation, so please register asap)          1 coach          1 judge compulsory (fee for missing judge: 100 EUR per team from one club)</p>
REGISTRATION	<p>Registration only for clubs with invitation! Thank you for your understanding.</p> <p>Definitive registration: 19/6/2021</p> <p>Registration to be done via <a href="http://rgform.eu">rgform.eu</a></p>
ENTRY FEES	<p>40 EUR / gymnast</p> <p>Fees to be paid until 1/7/2021 to the following account LU36 0030 0444 2937 0000 (BGLLLULL) (Aspelt gym academy ASBL). Please while paying indicate the name of your club.</p>
EVENT FORMAT	Individual A, B, C
AWARDS	<p>Trophies for podium.</p> <p>All gymnasts will receive a medal and a gift for participation. Special prizes for Miss Smile, Miss Elegance, Miss Risk etc.</p>
INSURANCE	<p>All delegations are obliged to have civil and health insurance on their responsibility. LOC does not take responsibility any liabilities in case of accidents, illness, repatriations or any loss of properties.</p>

SPECIAL COVID RELATED RESTRICTIONS	<u>All participants (judges and trainers included) will have to present a negative PCR test, made not later than 72 hours before the competition.</u> Without a negative test, it will not be possible to enter the sport hall. Please note that the competition will be held without spectators. All gymnasts will have to arrive to sport hall strictly on the indicated time and will have to leave after reward ceremony (please consider this when planning your arrival: children will have to be brought for preparation and competition on the indicated time and to be taken by parents/guardians after reward ceremony, they will not be allowed to wait in the hall for their preparation time or until the end of the competition). Masks (except gymnasts during training and performing) and social distancing will be obligatory during all competition. No food or drinks will be sold.
MUSIC	While music for each routine has been uploaded onto the digital platform at <a href="http://www.rgform.eu">www.rgform.eu</a> , coaches are also requested to always have back-up of the music with them. The music must be uploaded onto the KSIS (format .mp3 only) by 26/6/2021 at the very latest.

## Categories

Age category	Category A	Category B	Category C
2015 and younger	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2	
2014	<b>W/A + 1 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2
2013	<b>W/A + 1 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2
2012	<b>W/A + 1 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A + 1 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2
2011	<b>2 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A + 1 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2
2010	<b>2 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A + 1 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>W/A</b> BD: max 7 (min 1 of each BD group) S: min 2
2009	<b>2 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>2 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1	<b>1 apparatus by choice</b> BD: max 7 (min 1 of each BD group) S: min 2 AD: min 1 R: min 1
Junior (2006-2008)	<b>2 apparatus by choice</b> FIG Rules	<b>2 apparatus by choice</b> FIG Rules	<b>1 apparatus by choice</b> FIG Rules