

# Invitation

## 43 International Rhythmic Gymnastics Tournament Wrocław, 22 – 23 June 2019

We are very happy to invite your delegation at 43 International Tournament Rhythmic Gymnastics, which will be held in Wrocław (Poland), from June 22 till 23

Marzena Sakowicz

### 1. Address Competition:

Akademia Wychowania Fizycznego - „Stadion Olimpijski”  
ul. Paderewskiego 35  
Wrocław (Polska)

### 2. Accommodation

Hotel GEM \*\*\*\* / located in the sports complex /

The hotel has an indoor swimming pool with 25-meter and 6 lanes for swimming. Will be able to take advantage of the swimming pool.

Hotel service: parking, WiFi free

The hotel is 3000 meters from the competition hall. Provide transportation to and from the airport in Wrocław as well as train and bus stations – 20 euros / whole team / and during competitions / hotel - the competition hall /

### 3. Preliminary Program

Friday, 21 June 2019

- arrival of delegation from Wrocław,
- accommodation,
- possibility training in competition hall,
- dinner at the hotel

Saturday, 22 June 2019

- breakfast at the hotel,
- judges meeting,
- all-around competition,
- dinner - sporthall
- banquet - restaurant in the hotel

Sunday, 23 June 2019

- breakfast at the hotel,
- competition,
- results and protocol ceremony,
- departure



## 5. Delegation

Each delegation consists of:

- gymnasts: no limits (preferably different age category)
- 1 judge (obligatory)
- 1 coach

## 6. Awards

In each age category first three gymnasts will receive impressive trophies, medals and diploms. Places from 4 to 8 diploms.

All gymnasts will also receive commemorative diploms and attractive prizes.

## 7. Charges

- The delegation will have to pay 90 euro/person  
/hotel-2nights, breakfast & dinner in hotel, banquet/  
-from friday/evening 21.VI-dinner, till sunday/morning 23.VI-breakfast-
- Extra days - 40 euro/person/night/
- The organiser is not covering travelling costs.
- Starting money: 35 Euro per each participating gymnast.

## 8. Note

- Please return:  
application no later than: **01.VI.2019**  
[marzenasakowicz@gmail.com](mailto:marzenasakowicz@gmail.com) / [1961saker@gmail.com](mailto:1961saker@gmail.com)  
music (mp3) no later than: **08.VI.2019**  
[muzyka.gimart@gmail.com](mailto:muzyka.gimart@gmail.com)

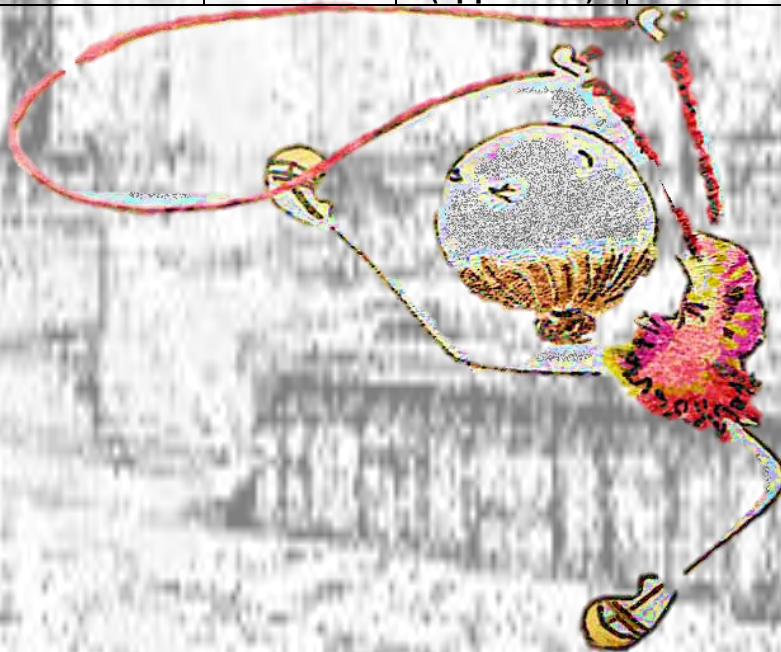
If you need an official invitation to obtain a visa to travel to Poland, please contact us as soon as possible. We send the official letter of invitation.



We look forward to your participation in our competition!

#### 4. Categories and technical program:

birth date	categories	exercise	technical program
2012	A	- 1 exercise: (free)	BD min.3, max.7 S min.3 – (free)
2011	A	- 1 exercise: (free)	R – there isn't any (free)
2010	A	- 2 exercises: (free+app.)	BD min.3, max.7 S min.2 (apparatus) S min.3 (free)
	B	- 1 exercise: (free)	R min.1-max.3 (apparatus) R – there isn't any (free)
2009	A	- 2 exercises: (free+app.)	BD min.3, max.7 S min.2 (apparatus) S min.3 (free)
	B	- 1 exercise: (free)	R min.1-max.3 (apparatus) R – there isn't any (free)
2008	A	- 3 exercises (apparatus)	BD min.3, max.7 S min.2,
	B	- 2 exercises (apparatus)	R min.1-max.4,
2007	A	- 3 exercises (apparatus)	BD min.3, max.7 S min.2,
	B	- 2 exercises (apparatus)	R min.1-max.4,
Junior 2004/2005/2006	A	- 4 exercises (apparatus)	International terms for seniors
	B	- 2 exercises (apparatus)	International terms for seniors
Senior 2003 and older	A	- 4 exercises (apparatus)	International terms for seniors
	B	- 2 exercises (apparatus)	International terms for seniors



# APPLICATION

Delegation: .....

Address: .....

Phone/fax: .....

e-mail: .....

## Name of competitors

	Name	birth date	category	apparatus
1.				
2.				
3.				
4.				
5.				
.....				

Coach: .....

Judge: .....

Additional persons: .....

## Transportation plans

Arrival  
21.06.2019r.

Departure  
23.06.2019r.

Time: .....

Mean of transport: .....

Please return application no later than 01.VI.2019r. to:

Marzena SAKOWICZ  
ul. Nenckiego 21/5  
52-223 Wrocław  
(Poland)

e-mail:

[marzenasakowicz@gmail.com](mailto:marzenasakowicz@gmail.com) / [ormaniec@box43.pl](mailto:ormaniec@box43.pl)  
[1961saker@gmail.com](mailto:1961saker@gmail.com)

mobil phone: +48 602539050,  
+48 606993050

