

# KOOP CUP 2019

APRIL 25-28

International Invitational Competition

Rhythmic Gymnastics and Aesthetic Group Gymnastics

Winning Prizes for Nationals Junior & Senior all-around



[koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)



Koop Cup



#koopcup2019

1st \$1000 CAD

2nd \$700 CAD

3rd \$300 CAD

Toronto, Canada, York University



# INVITATION

**APRIL  
25-28  
2019**

## **KOOP CUP 2019** **TORONTO, CANADA**

Dear Friend,

We have a great pleasure, in inviting your federation/club to participate in our International Club Invitational RG and AGG competition KOOP CUP 2019. Koop Cup will be held at York University in Toronto, Canada on April 25-28, 2019.

This competition is approved by Gymnastics Canada, and will follow the rules, regulations and policies set out by Gymnastics Canada.

We would very much appreciate if you could be available to attend.

Kind Regards,

EVELYN KOOP / director  
HANA KIKOVA / meet director  
& Local Organizing Committee



[koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)

# KOOP CUP 2019

## APR 25-28, TORONTO, CANADA

## VENUE

### YORK UNIVERSITY, KEELE CAMPUS

4700 Keele St., Toronto, M3J 1P3

Warm-up area: 3 competition floors 14x14m

Main gym/competition area: 1 competition floor 16x16m

Ceiling height: 14 metres

The closest entrance from Steeles Ave. West



## DELEGATION

Judge: 1 qualified judge

Coach: minimum 1 certified coach

Gymnasts: unlimited (registration will be closed once we reach our full capacity)

Head of Delegation: 1 person

## INSURANCE

The Host Federation, the Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. All participating Federations/Clubs are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation. Delegation members with insufficient insurance cover must inform the LOC in advance.



[koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)

Organizer: Kaleb Estienne

| [www.kalev.net](http://www.kalev.net)

| 905 889-7889

# KOOP CUP 2019

APR 25-28, TORONTO, CANADA

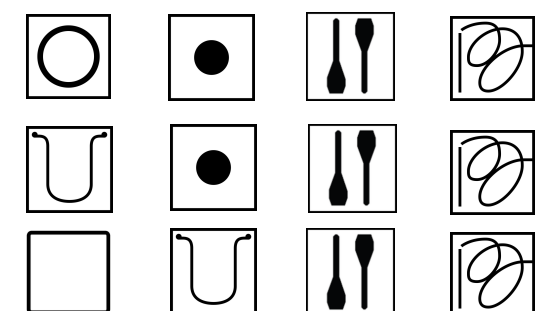
## RG TECHNICAL PROGRAM

### NATIONAL STREAM

Additional regulations online  
at [www.rgform.eu](http://www.rgform.eu)

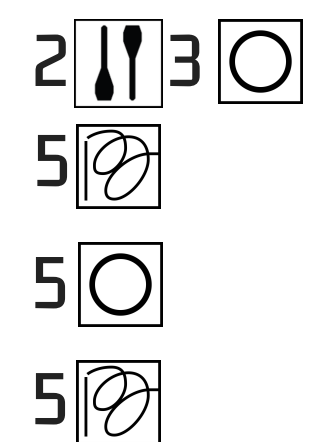
#### INDIVIDUAL

National Senior	2003+
National Junior	2006-2004
National Novice	2009-2007



#### GROUP

Senior Developmental	2003+
Junior Developmental	2006-2004
Novice	2009-2007
Open group	2007+

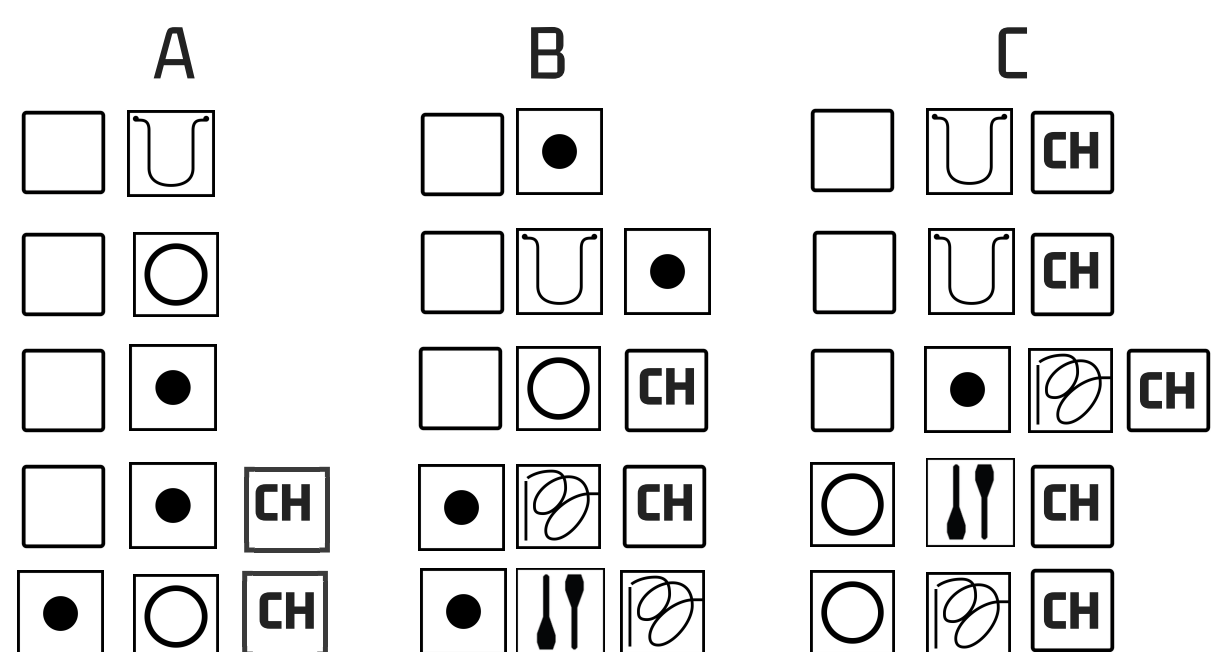


### PROVINCIAL STREAM

Additional regulations online  
at [www.rgform.eu](http://www.rgform.eu)

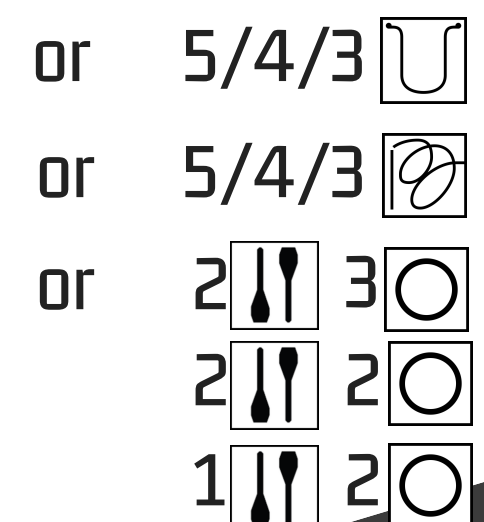
#### INDIVIDUAL

Level 2	2009-2010
Level 3	2008-2010
Level 4	2006-2008
Level 5	2004-2006
Level 6	2004+



#### GROUP

Level 3	2008-2010	5/4/3	Dot
Level 4	2006-2008	5/4/3	Circle
Level 5	2004-2006	5/4/3	Circle
Level 6	2004+	5/4/3	Dot



**REGISTER  
HERE:**

[www.rgform.eu](http://www.rgform.eu)



[koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)



# KOOP CUP 2019

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## RG TECHNICAL PROGRAM

### INTERCLUB STREAM

Additional regulations online  
at [www.rgform.eu](http://www.rgform.eu)

#### INDIVIDUAL

Level 2	2010-2009	<input type="checkbox"/>	<input type="checkbox"/> or <input type="checkbox"/>
Level 3	2010-2008	<input type="checkbox"/>	<input type="checkbox"/>
Level 4	2008-2006	<input type="checkbox"/>	<input type="checkbox"/>
Level 5	2006-2004	<input type="checkbox"/>	<input type="checkbox"/>
Level 5*	2006+	<input type="checkbox"/>	
Level 6	2004+	<input type="checkbox"/>	

#### GROUP

Level 2	2010-2009	5/4/3/2 <input type="checkbox"/>
Level 3	2010-2008	5/4/3/2 <input type="checkbox"/>
Level 4	2008-2006	5 <input type="checkbox"/>
Level 5	2004+	5 <input type="checkbox"/>

### ODP STREAM

Additional regulations online  
at [www.rgform.eu](http://www.rgform.eu)

#### INDIVIDUAL

ODP RGI 1	2012-2011	<input type="checkbox"/>	<input type="checkbox"/>
ODP RGI 2	2012-2011	<input type="checkbox"/>	<input type="checkbox"/>

#### GROUP

ODP RGG 1	2012-2011	<input type="checkbox"/>
ODP RGG 2	2012-2011	<input type="checkbox"/>

Please note that ODP stream is not scored. Feedback from the judge will be provided to the gymnasts after their routine. All participated gymnasts win a gold medal, 1 diplom, 1 gift.

**REGISTER  
HERE:**

[www.rgform.eu](http://www.rgform.eu)



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# KOOP CUP 2019

## APR 25-28, TORONTO, CANADA

Subject to change! Final schedule on March 25, 2019.

# TENTATIVE SCHEDULE

### WEDNESDAY, April 24

all day

Arrivals of Delegations

4pm-8pm

Trainings at Pan Am Centre, Markham

### THURSDAY, April 25

10am-1pm

Podium trainings for National level athletes

2pm

OPENING CEREMONY

2pm-7:30pm

Competition and Award Ceremony

8:30pm

WELCOME DINNER for Head of Delegation and Judges

### FRIDAY, April 26

9am-1pm

Competition and Award Ceremony

1:30pm

OPENING CEREMONY

1:45pm-7:30pm

Competition and Award Ceremony

### SATURDAY, April 27

9am-1pm

Competition and Award Ceremony

1:30pm

OPENING CEREMONY

1:45pm-5:00pm

Competition and Award Ceremony

5:30-7:30pm

Podium trainings for AGG

8pm

BANQUET

### SUNDAY, April 28

9am-1pm

Competition and Award Ceremony

1:30pm

OPENING CEREMONY for AGG

1:45pm-7:30pm

AGG competition and Award Ceremony

7:30pm

CLOSING CEREMONY and Gala

### MONDAY, April 29

all day

Departures of Delegations



[koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)



# AWARDS



# KOOP CUP 2019

## APR 25-28, TORONTO, CANADA

### A: NATIONAL STREAM:

All-around Senior & Junior Individual (Novice no money prize)

**1st place** \$1000, 1 diplom, 1 trophy, 1 medal, 1 gift

**2nd place** \$700, 1 diplom, 1 trophy, 1 medal, 1 gift

**3rd place** \$300, 1 diplom, 1 trophy, 1 medal, 1 gift

10th and higher 1 diplom, 1 gift

By apparatus Senior & Junior Individual (Novice also by year of birth)

1st place 1 diplom, 1 medal

2nd place 1 diplom, 1 medal

3rd place 1 diplom, 1 medal

All-around Groups

1st place 1 diplom, 1 medal, 1 gift per gymnast / 1 trophy per group

2nd place 1 diplom, 1 medal, 1 gift per gymnast / 1 trophy per group

3rd place 1 diplom, 1 medal, 1 gift per gymnast / 1 trophy per group

10th and higher 1 diplom, 1 gift per gymnast

### B: PROVINCIAL STREAM:

Individual competition: all-around

1st place 1 diplom, 1 trophy, 1 medal, 1 gift

2nd place 1 diplom, 1 trophy, 1 medal, 1 gift

3rd place 1 diplom, 1 trophy, 1 medal, 1 gift

10th and higher 1 diplom, 1 gift

Individual competition: by apparatus & by year of birth

1st place 1 diplom, 1 medal

2nd place 1 diplom, 1 medal

3rd place 1 diplom, 1 medal

All-around Groups:

1st place 1 diplom, 1 medal, 1 gift per gymnast / 1 trophy per group

2nd place 1 diplom, 1 medal, 1 gift per gymnast / 1 trophy per group

3rd place 1 diplom, 1 medal, 1 gift per gymnast / 1 trophy per group

10th and higher 1 diplom, 1 gift per gymnast

### C: INTERCLUB STREAM:

Individual competition: by apparatus & by YOB

1st place 1 diplom, 1 medal\*

2nd place 1 diplom, 1 medal\*

3rd place 1 diplom, 1 medal\*

10th and higher 1 diplom\*

\* 1 gift for each gymnast placed 10th and higher in IC level

All-around Groups:

1st place 1 trophy per group, 1 diplom, 1 medal, 1 gift per gymnast

2nd place 1 trophy per group, 1 diplom, 1 medal, 1 gift per gymnast

3rd place 1 trophy per group, 1 diplom, 1 medal, 1 gift per gymnast

10th and higher: 1 diplom, 1 gift per gymnast

**D: ODP STREAM** - see the Technical Program, p. 4

### AGG CATEGORIES:

All-around competition

Awards follow rules of all-around RG Group

## SPECIAL AWARDS

The Highest score

Miss Elegance

Miss Photogenic

The Youngest gymnast



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**Organizer: Kaleb Estienne**

**| [www.kaleb.net](http://www.kaleb.net)**

**| 905 889-7889**



# KOOP CUP 2019

## APR 25-28, TORONTO, CANADA

## REGISTRATION

Preliminary and Nominative Registrations must be made EXCLUSIVELY ON-LINE via the online digital platform at [www.rgform.eu](http://www.rgform.eu).

Preliminary registration: FEBRUARY 25, 2019 (2 month prior to the event)

Nominative registration: MARCH 25, 2019 (4 weeks prior to the event)

Registrations by telephone or fax or verbally will not be accepted. If you need to make any changes to the registration after registration has been submitted, please email the changes to the below address.

## ENTRY FEES

The non-reimbursable cost for the Entry Fee is as follows:

\$ 40,00 CND per Individual, per apparatus

\$ 30,00 CND per Group member (AGG including)

\$ 38,99 CND Foreign Participant Registration \*

\*All international participants (athletes, coaches and judges) must be registered with Gymnastics Ontario and must submit Foreign Participant Registration Form 2 weeks prior to the event in order to be able to participate. Please submit your completed application to LOC by APRIL 1, 2019 or directly to Gymnastics Ontario 2950 Keele Street, Suite 202 Toronto, Ontario M3M 2H2 by APRIL 11, 2019.

## FINANCIAL DUTIES

Entry fee + Foreign Participant Registration (COMPLUSORY)

Transportation, Shuttle bus service fee, Tickets for meals and banquet (ADDITIONAL)

- FULL payment of the costs of delegation members and additional persons by PAYPAL: [koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)

**REGISTER  
HERE:**

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# KOOP CUP 2019

## APR 25-28, TORONTO, CANADA

### TRAVEL & HOTEL FORMS

If you are looking for a place to stay, arrangement have been made for preferred rates with Hilton and Comfort Inn. Please contact the hotels directly using the attached flyers by March 25, 2019. Please note that transportation to and from York University competition site will be provided only from the hotels indicated on the flyers.

Using the information you provide, **we can offer you transportation from/to the airport and to/from Pan Am competition site. Shuttle bus fee (including airport pick up and drop off): 10 CND person/day.**

### MEALS FORM

**Lunch per one day: 10 CND / Dinner per one day: 15 CND**

Delegations having booked and paid their meals with the LOC will have to show the coupons to get the package. The LOC will provide for the Delegations free water in the in the warm-up hall, and for the judges throughout the event small drinks, fruits and snacks.

Additional information will be given in due time to the participating Federations/Clubs.

### BANQUET FORM

The Local Organizing Committee is pleased to organize a final banquet in the evening of APRIL 27, 2019. Book your tickets online at [www.rgrofm.eu](http://www.rgrofm.eu) by MARCH 25, 2019.

**Ticket for gymnast: 20 CND / Ticket for coach: 20 CND / Ticket for judge: for free**

### VISA (ETA) FORM

Please verify immediately with your travel agent or the Canadian Embassy or Consulate in your country if a visa is required for your travel to Canada. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before FEBRUARY 25, 2018 via the digital platform at [www.rgrofm.eu](http://www.rgrofm.eu).

As of November 09, 2016 all visa-exempt foreign nationals who fly to or transit through Canada will need an Electronic Travel Authorization (eTA). Exceptions include U.S. citizens and travelers with a valid Canadian visa, It costs \$7 CAD and only takes a few minutes to apply. Approved eTAs are valid for 5 years or until your passport expires, whichever comes first.

**Click here to APPLY.**

**ONLINE  
FORMS  
HERE:**  
[www.rgform.eu](http://www.rgform.eu)



[koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)



# KOOP CUP 2019

APR 25-28, TORONTO, CANADA

## DEADLINE SUMMARY HOW TO REGISTER

### INFORMATION YOU NEED TO ENTER INTO KSIS ([WWW.RGFORM.EU](http://WWW.RGFORM.EU))

FEBRUARY 25, 2019

Preliminary REGISTRATION  
ONLINE Visa Request Form

MARCH 25, 2019

ONLINE NOMINATIVE REGISTRATION + Payment  
ONLINE Travel Request Forms + Payment  
ONLINE Meals Request Forms + Payment  
ONLINE Banquet Request for tickets + Payment  
ONLINE MUSICS UPLOAD  
ONLINE Gala Program + music (the last row)

MARCH 31, 2019

Accommodation at recommended hotels / on clubs own

APRIL 1, 2019

Foreign Participants Registration to LOC  
[koopcup.info@gmail.com], or

or APRIL 11, 2019

to Gymnastics Ontario (2950 Keele Street, Suite 202  
Toronto, Ontario M3M 2H2)

**REGISTER  
HERE:**

[www.rgform.eu](http://www.rgform.eu)



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# **KOOP CUP 2019**

**APR 25-28, TORONTO, CANADA**

## **TO DO IN TORONTO**

**Recommended to visit places in Downtown!**



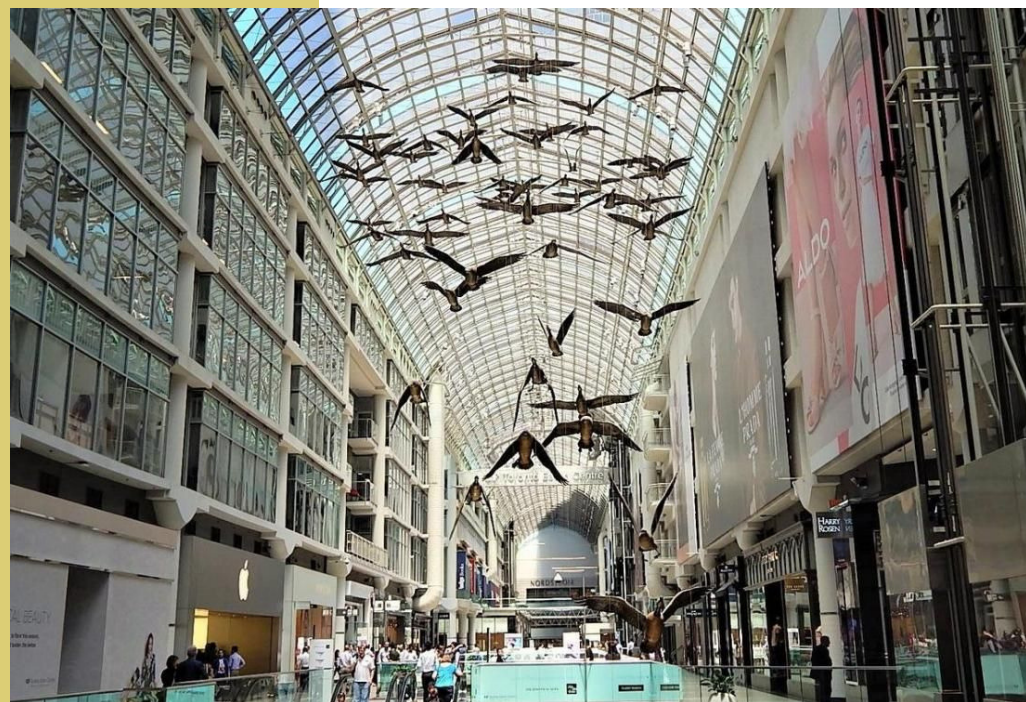
**CN TOWER**



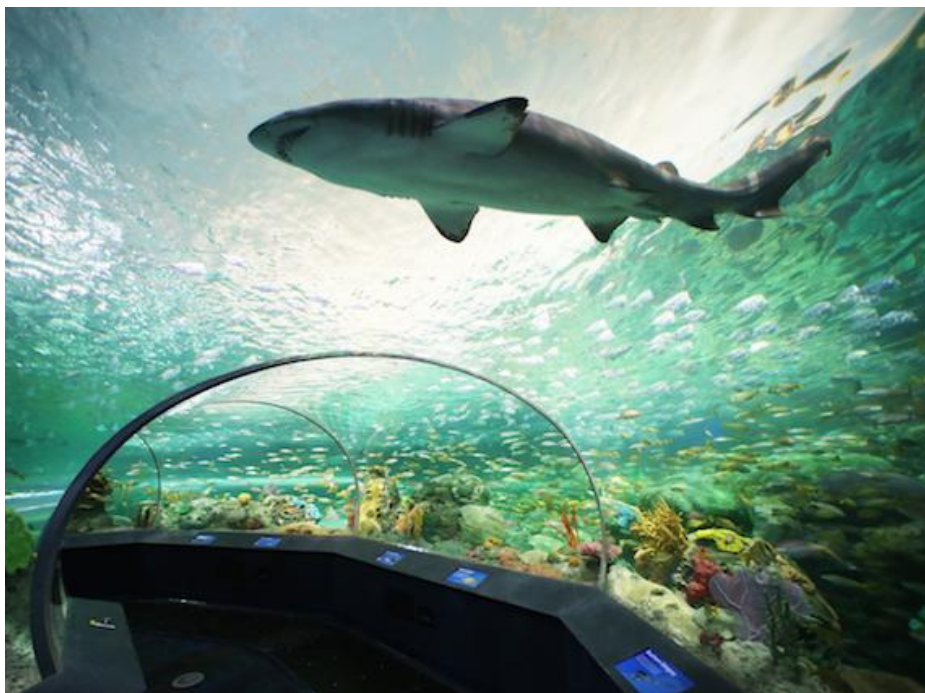
**DUNDAS SQUARE**



**HOCKEY HALL OF FAME**



**EATON CENTRE**



**RIPLEY'S AQUARIUM**



**ST. LAWRENCE MARKET**



**CITY HALL, TORONTO SIGN**



**CASA LOMA**



**[koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)**

**Organizer: Kalev Estienne | [www.kalev.net](http://www.kalev.net) | 905 889-7889**





**APRIL  
25-28  
2019**

# KOOP CUP 2019

**International Club Invitational  
RG and AGG Competition  
TORONTO, CANADA**

**WE ARE LOOKING FORWARD  
TO MEET YOU IN TORONTO**



REFER TO [WWW.RGFORM.EU](http://WWW.RGFORM.EU) TO REGISTER YOUR TEAM, TO READ CALL TO MEET/DIRECTIVES DOCUMENTS, TO LEARN MORE ABOUT RULES AND REGULATIONS.



**York University,  
Keele Campus  
4700 Keele St., Toronto**



**National, Provincial,  
Interclub, ODP, AGG  
individual and group  
program**



**ONLINE registration by:  
March 25, 2019,  
[www.rgform.eu](http://www.rgform.eu)**

**Travel, Hotel, Visa forms  
available ONLINE:  
[www.rgform.eu](http://www.rgform.eu)**



**Senior & Junior awards:  
1st \$1000  
2nd \$700  
3rd \$300**

**YouTube LIVE STREAM**



**#koopcup2019**



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*Under the Patronage of*

MRS. EVELYN KOOP

DIRECTOR OF KOOP CUP & KALEV ESTIENNE RG CENTRES

# WELCOME DINNER

*for Heads of Delegation and Judges*

THURSDAY, APRIL 25, 2019

*Thornhill Country Club*

7994 Yonge St, Thornhill, ON L4J 1W3, Canada

- 8:00 pm reception
- 8:30 pm dinner

Confirm your presence at [koopcup.info@gmail.com](mailto:koopcup.info@gmail.com)  
by March 25, 2019.