


DIRECTIVES





1. HOST FEDERATION	Gymnastics Canada 1900 City Park Drive Suite 120 Ottawa Ontario, Canada, K1J 1A3 Tel: +1-613-748-5637 website: www.gymcan.org	
2. LOCAL ORGANIZING COMMITTEE (LOC)	KALEV ESTIENNE RHYTHMIC GYMNASTICS CENTRES 3 Pebble Beach Gate Markham, Ontario Canada, L3T 1T8 Tel: +1-905-889-7889 Website: www.kalev.net , www.koopcup.com Contact person: Evelyn Koop	
3. EVENT MANAGER	Hana Kiková e-mail: koopcup.info@gmail.com	
4. DISCIPLINE	Rhythmic Gymnastics (RG)	
5. LOCATION	CANADA, Ontario, Toronto	
6. DATE	APRIL 25-28, 2019	
7. VENUE AND TRAINING FACILITIES	YORK UNIVERSITY, KEELE CAMPUS 4700 Keele Street Toronto, Ontario, M3J 1P3 FACILITY: Warm-up area: 3 competition floors 14x14m, measuring table, medicals, physiotherapy, water, no music equipment, chairs and benches. Main gym/competition area: 1 competition floor 16x16m	
8. APPARATUS SUPPLIER	RG Floor „Beijing“ Ref. 1790280 (former Ref. 652 + 653 + 658 + 659 + 1790580 + 1790290 + 1790291 + 1790292)	
9. SCORING, RESULTS	The LOC will provide a scoring and result service ONLINE via the digital platform at www.rgrofm.eu : KOOP CUP	
10. TENTATIVE SCHEDULE	24 April 2019 (Wednes.): Arrivals of the delegations, trainings 25 April 2019 (Thursday): Competition, WELCOME DINNER 26 April 2019 (Friday): OPENING CEREMONY, Provincial, National, Interclub competition 27 April 2019 (Saturday): Provincial, National, Interclub competition + Banquet 28 April 2019 (Sunday): Provincial, National, Interclub, AGG competition 29 April 2019 (Monday): Departures of the delegations The final schedule will be emailed in due time to the participating Federations and will be found online at www.rgrofm.eu : KOOP CUP	
11. COMPETITION FORMAT	Individual and group all-around competition in levels: National, Provincial, Interclub and ODP RG and AGG. Further information regarding awards will be given at the Orientation Meeting.	

12. TECHNICAL RG PROGRAM

NATIONAL STREAM

Additional regulations online
at www.rgform.eu

INDIVIDUAL

National Senior	2003+	   
National Junior	2006-2004	   
National Novice	2009-2007	   
















GROUP

Senior Developmental	2003+	2  3 
Junior Developmental	2006-2004	5 
Novice	2009-2007	5 
Open group	2007+	5 









PROVINCIAL STREAM

Additional regulations online
at www.rgform.eu

INDIVIDUAL

		A	B	C
Level 2	2009-2010			
Level 3	2008-2010			
Level 4	2006-2008			
Level 5	2004-2006	 CH	 CH	 CH
Level 6	2004+	 CH	 CH	 CH

GROUP

Level 3	2008-2010	5/4/3 	
Level 4	2006-2008	5/4/3 	or 5/4/3 
Level 5	2004-2006	5/4/3 	or 5/4/3 
Level 6	2004+	5/4/3 	or 2  3  2  2  1  2 


INTERCLUB STREAM

Additional regulations online
at www.rgform.eu

INDIVIDUAL

Level 2	2010-2009	 or 
Level 3	2010-2008	 
Level 4	2008-2006	 
Level 5	2006-2004	 
Level 5*	2006+	CH
Level 6	2004+	CH



GROUP

Level 2	2010-2009	5/4/3/2 
Level 3	2010-2008	5/4/3/2 
Level 4	2008-2006	5 
Level 5	2004+	5 CH

ODP STREAM

Additional regulations online
at www.rgform.eu

INDIVIDUAL

ODP RG1 1	2012-2011	 
ODP RG1 2	2012-2011	 

GROUP

ODP RG6 1	2012-2011	
ODP RG6 2	2012-2011	

- not scored!

13. AWARDS

INDIVIDUAL COMPETITION:

National Senior, Junior:

- All-around competition (10th and higher)
- 1st place all-around 1000CAD
- 2nd place all-around 700CAD
- 3rd place all-around 300CAD
- By apparatus: (10th and higher)

National Novice:

- All-around competition (10th and higher)
- By apparatus (10th and higher by year of birth)

Provincial Levels:

- All-around competition (10th and higher)
- By apparatus (10th and higher by year of birth)

Interclub Levels:

- By apparatus (10th and higher by year of birth)

ODP: Not scored, awards for all gymnasts

	<p>GROUP COMPETITION + AGG: National, Provincial, Interclub and ODP categories: all-around competition only.</p> <p>Awards consists of: medal, trophy, diploma, gift</p>
14. PARTICIPATION	<p>Please refer to the current G.O. RG Technical Rules and Regulations All GO registered Clubs All coaches MUST be G.O. members with a minimum NCCP Level Two certification (Theory, Technical, and Practical) in Rhythmic Gymnastics for Provincial Levels and a minimum NCCP Three certification (Theory, Technical and Practical) in Rhythmic Gymnastics for National Levels.</p> <p>All coaches must be listed in the attached registration forms and be prepared to show proof of G.O. membership and NCCP certification on-site in order to gain access to the floor. The coach listed on the registration form must not be on the list of judges for the competition. The coach listed on the registration form MUST be the coach that will put the athlete or group on the floor at the competition. Coaches must have completed the G.O. online Risk Management course (Part A), AND must have also completed the Respect-In-Sport course (Part B), if a previous Risk Management certification has expired.</p>
15. JUDGES AND JUDGES' PANELS	<p>The participating member federations must send minimum one qualified judge if they participate with individual gymnasts and one qualified judge if they participate with a group.</p>
16. RULES AND REGULATIONS	<p>The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives:</p> <ul style="list-style-type: none"> - Statutes / Technical Regulations / Code of Points and relevant Newsletters / General Judges' Rules / Specific Judges' Rules / Doping Control Rules / Apparatus Norms (the NEW 2019 FIG regulation with manufacturers logo will not be required).
17. ACCREDITATION	<p>At accreditation Heads of Delegations will be requested to:</p> <ul style="list-style-type: none"> - finalize the necessary payments if needed (insurance, additional accreditation, etc.) - check the correct names of their complete Delegation - verify the accommodation and meal requirements - verify the return of the travel schedules - confirm the accuracy of Music uploaded by the Federation itself onto the KSIS digital platform at www.rgrofm.eu: KOOP CUP <p>At accreditation the LOC will and hand out to the Head of Delegation:</p> <ul style="list-style-type: none"> - the revised Work Plan, starting order and/or schedules, if needed only - the diplomas of participation - the meal tickets, transportation schedules, invoices, delegation package
18. MUSIC (ROUTINES, NATIONAL ANTHEM, GALA)	<p>While music for each routine has been uploaded onto the KSIS digital platform at www.rgrofm.eu: KOOP CUP, Coaches are also requested to always have 1 CD with them as backup for safety reasons or in case of technical problems. All CDs must be labelled as according to point 1.5.8 of the COP.</p> <p>The music for routines and for GALA to be uploaded onto the KSIS (format .mp3 only) by MARCH 25 (4 weeks prior to the event) at the very latest. Passed this deadline, the online platform will be closed.</p>
19. PODIUM TRAINING	<p>SENIOR AND JUNIOR NATIONAL LEVEL CATEGORIES ONLY! The training and competitions schedules will be published on the digital platform at www.rgrofm.eu: KOOP CUP in due time. Delegations must respect the designated training times and the allocated training carpets. Changes to the official scheduled training hours will not be accepted. Only on Podium training days (Thursday, April 25, 2019), individual gymnasts and/or groups will perform their exercises on the floor where the competition will take place.</p>
20. MEALS	<p>Order your meals online at www.rgrofm.eu: KOOP CUP by MARCH 25, 2019 (4 weeks prior to the event).</p> <p>Lunch per one day: 10 CND Dinner per one day: 15 CND</p> <ul style="list-style-type: none"> - Delegations having booked and paid their meals with the LOC will have to show the coupons received at accreditation together with the accreditation card to get the package. - The LOC will provide for the Delegations free water in the in the warm-up hall, and for the judges throughout the event small drinks, fruits and snacks. - Additional information will be given in due time to the participating Federations

21. FINAL BANQUET	<p>The Local Organizing Committee is pleased to organize a final banquet in the evening of APRIL 27, 2019. Book your tickets online at www.rgrofm.eu: KOOP CUP by MARCH 25, 2019 (4 weeks prior to the event).</p> <p>Ticket for gymnast: 20 CND Ticket for coach: 20 CND Ticket for judge: for free</p>
22. ACCOMMODATION	Please refer to the digital platform at www.rgrofm.eu : KOOP CUP for details on the selection of hotels, payment, etc.
23. INTERNATIONAL AND LOCAL TRANSPORTATION	<p>Order your transportation online at www.rgrofm.eu: KOOP CUP no later than on MARCH 25, 2019 (4 weeks prior to the event).</p> <p>Shuttle bus fee (including airport pick up and drop off): 10 CND person/day</p>
24. VISA	<p>Please verify immediately with your travel agent or the Canadian Embassy or Consulate in your country if a visa is required for your travel to Canada. The Organizing Committee will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before FEBRUARY 25, 2018 via the digital platform at www.rgrofm.eu: KOOP CUP</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
25. ELECTRONIC TRAVEL AUTHORIZATION	<p>As of November 09, 2016 all visa-exempt foreign nationals who fly to or transit through Canada will need an Electronic Travel Authorization (eTA). Exceptions include U.S. citizens and travelers with a valid Canadian visa, Canadian citizens, including dual citizens, and Canadian permanent residents do not need to apply for an eTA. To apply you must have a valid passport, a credit card and an email address. It costs \$7 CAD and only takes a few minutes to apply. Approved eTAs are valid for 5 years or until your passport expires, whichever comes first. Click here to find out if you need an eTA. / Click here to apply for an eTA.</p>
26. INSURANCE	<p>The Host Federation, the Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.</p> <p>The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>Delegation members with insufficient insurance cover must inform the LOC in advance.</p>
27. MEDICAL SERVICE AND PHYSIOTHERAPY	The LOC will provide a first medical aid service, a doctor and emergency medical transportation in the competition area. LOC also provides free of charge physiotherapy services in warm-up gym.
28. MARKETING AND SOCIAL MEDIA	<p>Advertising and publicity norms must be respected. Follow us at:</p> <p>Websites: www.kalevestienne.com, www.koopcup.com, Social sites: Facebook CLICK HERE, Instagram: #koopcup2019</p>
29. REGISTRATION DEADLINES	<p>Preliminary and Nominative Registrations must be made EXCLUSIVELY ON-LINE via the rgform.eu platform at www.rgrofm.eu: KOOP CUP</p> <ul style="list-style-type: none"> - Preliminary registration: FEBRUARY 25, 2019 (2 month prior to the event) - Nominative registration: MARCH 25, 2019 (4 weeks prior to the event). <p>Registrations by telephone or fax or verbally will not be accepted. If you need to make any changes to the registration after registration has been submitted, please email the changes to the above address.</p>
30. ENTRY FEE	<p>The non-reimbursable cost for the Entry Fee is as follows:</p> <p>\$ 40,00 CND per Individual, per apparatus \$ 30,00 CND per Group member (AGG including) \$ 38,99 CND Foreign Participant Registration (All international participants (athletes, coaches and judges) must be registered with Gymnastics Ontario and must submit Foreign Participant Registration Form 2 weeks prior to the event in order to be able to participate. Please submit your completed application to LOC by APRIL 1, 2019 or directly to Gymnastics Ontario 2950 Keele Street, Suite 202 Toronto, Ontario M3M 2H2 by APRIL 11, 2019.</p>

31. FINANCIAL OBLIGATIONS	<p>Consist of:</p> <ul style="list-style-type: none"> - Entry fee + Foreign Participant Registration (section 30) - Transportation fee and Shuttle bus service fee (section 23), tickets for meals and banquet (section 20-21) <ol style="list-style-type: none"> 1. Payment of the costs of delegation members and additional persons by PAYPAL: koopcup.info@gmail.com 2. Payment of the costs of delegation members and additional persons by ONE CHEQUE per club - KALEV ESTIENNE; Mailing address: 7 Kimloch cres. North York, ON M3B 2J5, Attn: Maggie Ma 3. For other payment methods please email us at koopcup.info@gmail.com <p>DEADLINE: MARCH 25, 2019</p>
29. SUMMARY	<p>REGISTRATION (PRELIMINARY, NOMINATIVE) MUST BE MADE EXCLUSIVELY ON-LINE VIA THE KSIS PLATFORM at www.rgrofm.eu: KOOP CUP:</p> <ul style="list-style-type: none"> - Preliminary registration: FEBRUARY 25, 2019 (2 month prior to the event) - Visa Request Form: FEBRUARY 25, 2019 (8 weeks prior to the event) - Nominative registration: MARCH 25, 2019 (4 weeks prior to the event) - Music in MP3: MARCH 25 (4 weeks prior to the event) - Transportation: MARCH 25, 2019 (4 weeks prior to the event) - Meals: MARCH 25, 2019 (4 weeks prior to the event) - Tickets for Banquet: MARCH 25, 2019 (4 weeks prior to the event) - Gala program: MARCH 25, 2019 (4 weeks prior to the event) + music in MP3 <p>PLEASE EMAIL US AT KOOPCUP.INFO@GMAIL.COM or UPLOAD INTO KSIS:</p> <ul style="list-style-type: none"> - Foreign Participants Registration: to LOC by APRIL 1, 2019 or to Gymnastics Ontario by APRIL 11, 2019 <p>Do not hesitate to email us at koopcup.info@gmail.com if any questions or concerns. To stay updated please refer to the KSIS platform at www.rgrofm.eu: KOOP CUP</p>