



**18<sup>th</sup> Irina Deleanu Cup**  
**Bucharest, ROMANIA (ROU)**  
**March 29<sup>th</sup> to 30<sup>th</sup> 2019**  
**Children, Hopes and Pre-juniors**



## DIRECTIVES

Dear FIG affiliated Member Federation,

The Gymnastics Federation of **ROMANIA** has the pleasure to invite your Federation to participate in the aforementioned official FIG International Event.

<b>DISCIPLINE</b>	Rhythmic Gymnastics
<b>HOST FEDERATION</b>	Federatia Romana de Gimnastica 16 Vasile Conta, Sector II, Bucharest, 020954 Tel: +40.21.3171112 Fax: +40.21.3171112 e-mail: <a href="mailto:romgym@romgym.ro">romgym@romgym.ro</a> website: <a href="http://www.romgym.ro">www.romgym.ro</a>
<b>LOCAL ORGANIZING COMMITTEE</b>	Romanian Rhythmic Gymnastics Federation Contact person: DIMA Gabriel 16 Vasile Conta, Sector II, Bucharest, 020954 Tel: +40.21.3170070; Fax: +40.21.3170070; E-mail: <a href="mailto:office@frgr.ro">office@frgr.ro</a> website: <a href="http://www.frgr.ro">www.frgr.ro</a>
<b>LOCATION</b>	Bucharest, Romania
<b>DATE</b>	From 29 <sup>th</sup> to 30 <sup>th</sup> of March 2019
<b>VENUE</b>	Polyvalent Hall Olympic Complex "Sidney 2000" Tel: +40.21 350 20 11 Fax: +40.21 350 20 14 E-mail: <a href="mailto:pojoranu@gmail.com">pojoranu@gmail.com</a> website: <a href="http://www.cosr.ro/despre-noi/complexul-olimpic">http://www.cosr.ro/despre-noi/complexul-olimpic</a>
<b>APPARATUS SUPPLIER</b>	SPIETH, (Beige carpet) RG Floor "Beijing" Ref. 1790280
<b>RULES AND REGULATIONS</b>	The event will be organized under the following FIG rules, as valid in the year of the event, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Technical Regulations</li><li>• Code of Points and relevant Newsletters</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li><li>• Doping Control Rules</li><li>• Media Rules</li><li>• Apparatus Norms</li><li>• FIG Rules for Sanctioning (approval) of International Events</li><li>• Advertising and Publicity Rules</li></ul> <i>and subsequent decisions of the FIG Executive Committee</i>
<b>FEDERATIONS INVITED</b>	All FIG member Federations and clubs affiliated to the National Federations in good standing are invited to participate with unlimited number of gymnasts and groups.

<b>AGE LIMITS</b>	Children: 2011 and younger Hopes: 9-10 years (2009-2010) Pre-juniors: 11-12 years (2008-2007)																										
<b>JUDGES AND JURIES</b>	The participating Member Federations must send minimum one qualified judge with a minim Cat. IV or National Brevet. Failure to do so will result a fine of 250€ - to be paid to the LOC at the accreditation.  All judges must have a current valid FIG brevet or National Brevet at the time of the event, for the respective discipline (RGI).																										
<b>REGISTRATION DEADLINES</b>	<b>Definitive registration:</b> <b>Nominative registration</b>	<b>27 January 2019</b> <b>27 February 2019</b>	2 month prior to the event 1 month prior to the event																								
<b>ENTRY FEES</b>	The non-reimbursable cost of the Entry fee for this event will be: <ul style="list-style-type: none"> <li>30 €/individual gymnast.</li> </ul>																										
<b>ACCREDITATION</b>	Accreditation will take place in the Competition Venue, before the official training. A photo of each member of the delegation (in electronic format – JPEG) must be sent with the nominative registration. Photo identification: Example: Family Name_Name_Country.JPG  The Head of the Delegation must bring to the accreditation: <ul style="list-style-type: none"> <li>passports of all members of the delegation</li> <li>Proof of all payments</li> <li>certification of valid insurance</li> <li>CD with music for each apparatus (2 copies)</li> </ul>																										
<b>EVENT FORMAT</b>	The International Tournament includes competition for: <ol style="list-style-type: none"> <li><b>Children – Individual Competition</b> - All-Around Competition  <b>Apparatus:</b> Without Apparatus and Hoop (optional)  <b>Technical Program:</b> <ul style="list-style-type: none"> <li>Body Difficulty: Min. 3 – Max. 6</li> <li>Dance Step Combination: Min. 2</li> </ul> </li> <li><b>Hopes – Individual Competition</b> - All-Around Competition  <b>Apparatus:</b> Rope, Hoop and Without Apparatus/Ribbon  <b>Technical Program:</b> <ul style="list-style-type: none"> <li>Body Difficulty: Min. 3 – Max. 7</li> <li>Dance Step Combination: Min. 2</li> <li>Dynamic Elements with Rotations: Min. 1 – Max. 4</li> <li>Apparatus Difficulty: Min. 1</li> </ul> </li> <li><b>Pre-juniors – Individual Competition</b> - All-Around Competition  <b>Apparatus:</b> Rope, Ball and Clubs/Ribbon  <b>Technical Program:</b> <ul style="list-style-type: none"> <li>Body Difficulty: Min. 3 – Max. 7</li> <li>Dance Step Combination: Min. 2</li> <li>Dynamic Elements with Rotations: Min. 1 – Max. 4</li> <li>Apparatus Difficulty: Min. 1</li> </ul> </li> </ol>																										
<b>SIZE OF DELEGATION</b>	<table border="1"> <thead> <tr> <th></th><th>Children</th><th>Hopes</th><th>Pre-juniors</th></tr> </thead> <tbody> <tr> <td><b>Head of the delegation</b></td><td colspan="3">1</td></tr> <tr> <td><b>Coach</b></td><td>1</td><td>1</td><td>1</td></tr> <tr> <td><b>Gymnasts</b></td><td colspan="3">No limit</td></tr> <tr> <td><b>Doctor</b></td><td colspan="3">1</td></tr> <tr> <td><b>Judge</b></td><td colspan="3">1</td></tr> </tbody> </table>				Children	Hopes	Pre-juniors	<b>Head of the delegation</b>	1			<b>Coach</b>	1	1	1	<b>Gymnasts</b>	No limit			<b>Doctor</b>	1			<b>Judge</b>	1		
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<b>PROVISIONAL SCHEDULE</b>	<p><b>March 27<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Arrival of the Delegations</li> </ul> <p><b>March 28<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Arrival of the Delegations</li> <li>• Official Trainings</li> <li>• Orientation Meeting</li> </ul> <p><b>March 29<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Opening Ceremony</li> <li>• Children – All-Around Individual Competition – W.A and Hoop (optional)</li> <li>• Hopes – All-Around Individual Competition – 1 apparatus</li> <li>• Pre-junior – All-Around Individual Competition – 2 apparatus</li> <li>• Awarding Ceremony for Children Category</li> </ul> <p><b>March 30<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Hopes – All-Around Individual Competition – 2 apparatus</li> <li>• Pre-junior – All-Around Individual Competition – 1 apparatus</li> <li>• Awarding Ceremony for Hopes and Pre-juniors</li> </ul> <p><b>March 31<sup>th</sup></b></p> <ul style="list-style-type: none"> <li>• Departure of the Delegations</li> </ul>
<b>MEDICAL SERVICES</b>	Medical services in the gym will be provided by LOC.
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Romanian Embassy or Consulate in your country if a visa is required for your travel to Romania. The LOC will be happy to assist each Delegation member with an official invitation letter, provided that the request is made before January 27<sup>th</sup> to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the Delegation Member as well as the city the visa application support letter must be sent to.</p>
<b>INSURANCE</b>	<p>The Host Federation, the LOC and the FIG will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like. The FIG Technical Regulations foresee that all participating Federations are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation for all the members of their Delegation.</p> <p>The LOC will verify the insurance upon arrival of the delegation members (e.g. cover note or photocopy of the valid policy). Delegation members with insufficient insurance cover must inform the LOC in advance.</p> <p>The LOC will subsequently offer insurance at the Federations own charge as follows: 30 €/per person/day.</p> <p>NOTE: In case of any medical services in the hospital, the cost must be covered by the delegation.</p>
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating federations must pay for the travel costs of their delegation members.</p> <p>The Travel Schedule Form must be returned to the LOC by February 27<sup>th</sup>.</p>

<b>LOCAL TRANSPORTATION</b>	<p>The LOC will provide local transportation for all participants (from/to Otopeni International Airport, from/to North Railway Station Bucharest, as well as from/to the hotel and Competition Hall.</p> <p>Transfers and international transportations will only be available to those who book accommodation directly with the LOC.</p>
<b>ACCOMMODATION</b>	<p>The following prices are per person, per night and include:</p> <ul style="list-style-type: none"> <li>• <b>Olympic Hotel ***</b> (Olympic Complex "Sidney 2000")  <a href="http://www.cosr.ro/despre-noi/complexul-olimpic/hotel-olimpic">http://www.cosr.ro/despre-noi/complexul-olimpic/hotel-olimpic</a></li> </ul> <p>70 € per person and per night (single room, including breakfast)  50 € per person and per night (double room, including breakfast)</p> <ul style="list-style-type: none"> <li>• <b>NSC Nicolae Navasart **:</b>  <a href="http://www.csnnavasart.ro/Vila-A_28_1.html">http://www.csnnavasart.ro/Vila-A_28_1.html</a></li> </ul> <p>30 € per person and per night (single room, including breakfast)  20 € per person and per night ((double room, including breakfast)</p> <p>The invited participating federations or clubs must pay for accommodation and meals expenses of their delegation members.</p> <p>The prices charged for the hotel rooms will not exceed the usual hotel rates. While the Accommodation Form must be returned to the LOC by <b>January 27<sup>th</sup></b> at the very latest, the hotel rooms will be allocated on a "first come, first serve" basis.</p> <p>The costs for the accommodations must be paid to the LOC as follows at the time of the Nominative Entry (February 27<sup>th</sup>).</p> <p><b>Cancellation/Reimbursement Policy:</b></p> <p>For cancelations made after February 27<sup>th</sup> there will be no reimbursement.</p>
<b>MEALS</b>	<p>The invited participating federations must pay for the meals expenses of their delegation members.</p> <p>The Meals Form must be returned to the LOC by <b>February 27<sup>th</sup></b> at the very latest.</p> <p>The costs for the meals must be paid to the LOC by <b>February 27<sup>th</sup></b> as follows:</p> <ul style="list-style-type: none"> <li>• Lunch – 15 €/person/day</li> <li>• Dinner - 15 €/person/day</li> </ul>
<b>FINAL BANQUET</b>	<p>The tickets of the Final Banquet will be offered by the LOC after the accreditation.</p>
<b>BANK ACCOUNT INFORMATION</b>	<p>Each participating member Federation is kindly requested to integrate the payment's purpose as follows:  Country Code_Club_IDCup2019  Example: ROU_SCDinamoBucharest_IDCup2019</p> <p>The participating federation is responsible for covering all bank fees in connection with the bank transfers.</p>
<b>MARKETING</b>	<p>FIG advertising and publicity norms must be respected</p>
<b>SOCIAL MEDIA</b>	<p>Official Website: <a href="http://www.frgr.ro">www.frgr.ro</a>  There will also be a Facebook page.</p>

<b>DEADLINES SUMMARY</b>	Definitive Registration	<b>January 27<sup>th</sup></b>
	Nominative Registration	<b>February 27<sup>th</sup></b>
	Accommodation Form	<b>January 27<sup>th</sup></b>
	Travel Schedule Form	<b>February 27<sup>th</sup></b>
	Visa Request Form	<b>January 27<sup>th</sup></b>
	Meals Form	<b>February 27<sup>th</sup></b>
	Payment of the Entry Fee	<b>February 27<sup>th</sup></b>
	Payment of the Accommodation Costs	<b>February 27<sup>th</sup></b>
	Payment of the Meals	<b>February 27<sup>th</sup></b>
	Payment of the fine for missing judge	<b>At the accreditation</b>

Sincerely yours,

Secretary General,  
DIMA Gabriel

