



**Klub za ritmično gimnastiko Šiška**

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Mestna občina  
Ljubljana



# **15<sup>th</sup> FRIENDSHIP TOURNAMENT IN RHYTHMIC GYMNASTICS (A and B program)**

**Ljubljana, Slovenia, 1<sup>st</sup> and 2<sup>nd</sup> June 2019**

**Dear friends of rhythmic gymnastics!**

**We are pleased to invite you to participate in the 15<sup>th</sup> Friendship Tournament in Rhythmic Gymnastics, which will be organized under the motto of "friendly gathering"! The tournament will take place in Ljubljana, Slovenia, on Saturday 1<sup>st</sup> and on Sunday 2<sup>th</sup> June 2019.**

<b>ORGANIZING COMMITTEE</b>	<b>Club for Rhythmic Gymnastics Šiška</b> Gunceljska cesta 26, 1210 Ljubljana Šentvid, Slovenia E-mail: <a href="mailto:kg.siska@gmail.com">kg.siska@gmail.com</a> Web: <a href="http://krg-siska.net">http://krg-siska.net</a>
<b>EVENT MANAGER</b>	<b>Mrs. Urša Pucelj</b>
<b>DATE</b>	<b>Saturday, 1<sup>st</sup> and Sunday, 2<sup>nd</sup> June 2019</b>
<b>VENUE</b>	<b>Gimnastični center Ljubljana/ Gymnastics Centre Ljubljana</b> Koprska ulica 29, SI-1000 Ljubljana, Slovenia  GPS Code: 46°02'20.1"N 14°29'01.0"E  <a href="https://www.google.si/maps/place/Gimnasti%C4%8Dni+center+Ljubljana/@46.0390073,14.4840639,16.5z/data=!4m2!3m1!1s0x0000000000000000:0x0c61af61dabe310c">https://www.google.si/maps/place/Gimnasti%C4%8Dni+center+Ljubljana/@46.0390073,14.4840639,16.5z/data=!4m2!3m1!1s0x0000000000000000:0x0c61af61dabe310c</a>

<b>SCHEDULE</b>	<u>Friday 31<sup>st</sup> May 2019</u> - arrival of delegations <u>Saturday 1<sup>st</sup> June 2019</u> - competition - banquet dinner <u>Sunday 2<sup>nd</sup> June 2019</u> - competition <u>Monday 3<sup>rd</sup> June 2019</u> - departure of delegations		
<b>APPLICATION DEADLINES</b>	Definitive Registration	30 <sup>th</sup> April 2019 – online KSIS	
	Nominative Registration	6 <sup>th</sup> May 2019 – online KSIS	
	Visa Request Form	6 <sup>th</sup> May 2019	
	Accommodation Form	6 <sup>th</sup> May 2019	
	Travel Schedule Form	6 <sup>th</sup> May 2019	
	Payment of the Entry fee	After arrival to LOC*	
	Payment of the Accommodation costs	After arrival to LOC*	
	Payment of the Local transportation	FREE for users of the official hotels	
	Payment of the Lunch packages	INCLUDED in Entry fee	
	Payment of the Banquet	INCLUDED in Entry fee	
	<b>*on the day of competition exclusively to the Organizing Committee representative</b>  Please, register your gymnasts, judges, coaches and upload music in MP3 files on <a href="https://rgform.eu/event.php?id_prop=1133">https://rgform.eu/event.php?id_prop=1133</a> (KSIS) For additional information contact us on e-mail: <a href="mailto:krg.siska@gmail.com">krg.siska@gmail.com</a>		
<b>THE SIZE OF THE DELEGATION</b>	Delegation may consist of: <b>- unlimited number of gymnasts</b> (in case of too numerous applications the organizer may limit the participation in specific categories according to the early date of the entry of the application) <b>- coaches</b> <b>- max. 1 judge</b>		
<b>ENTRY FEE</b>	The entry fee for this event will be <b>35 EUR</b> .		
<b>INTERNATIONAL TRANSPORTATION</b>	The invited participating federations must pay for the travel costs of their delegation members. If you have problems finding flights directly to Ljubljana, try with some other airports near Ljubljana: Treviso (I), Trieste (I), Graz (A), Vienna (A), Klagenfurt (A), Zagreb (CRO). For transportation from/to these airports please contact <a href="http://www.goopti.com">www.goopti.com</a> . The Travel Schedule Form must be returned to the LOC by 3 <sup>rd</sup> May 2019.		

<b>LOCAL TRANSPORTATION</b>	<p>The LOC can organize the transportation to/from official hotel listed below from the airport Jože Pučnik in Ljubljana (10 €/person/1 way), Ljubljana train station or Ljubljana bus station upon arrival and by departure (5 €/person/1 way).</p> <p>The LOC will organize free transportation to/from official hotel to/from the venue (competition hall).</p>
<b>ACCOMMODATION</b>	<p><b><u>GYMNASTIC CENTER LJUBLJANA - SPORT HOTEL</u></b>  <b>The price per person per night:</b>  33 EUR/night (double room, including TT)  28 EUR/night (triple room, including TT)  25 EUR/night (only 1 room with 4 beds available, including TT).  All together 22 beds available.  There is no food available in Gymnastic Centre, but you can use the kitchen with dining room. The store with food is very close.</p> <p><b><u>M HOTEL****</u></b>  <b>The price per person per night:</b>  89 EUR (single room, including breakfast, WI-FI, TT)  55 EUR (double room, including breakfast, WI-FI, TT),  45 EUR (triple room or room with 4 beds, including breakfast, WI-FI, TT)  If you want to have dinner, you order it and pay in the hotel (9 EUR).  <b>On request - only in case of available rooms in the hotel.</b></p> <p>While the Accommodation Form must be returned to the LOC by 3<sup>rd</sup> May 2019 at the very latest, the hotel rooms will be allocated on a "first come, first serve" basis.  The invited participating federations must pay for the accommodation expenses of their delegation members to the LOC upon arrival in cash.</p>
<b>VISA</b>	<p>Please verify immediately with your travel agent or the Slovenian Embassy or Consulate in your country if a visa is required for your travel to Slovenia. The LOC will be happy to assist each delegation member with an official invitation letter, provided that the request is made before 3<sup>rd</sup> May 2019 to the LOC.</p> <p>The request must include the function, full name, gender, date of birth, citizenship and passport number, passport expiry date, the arrival and departure dates of the delegation member as well as the city the visa application support letter must be sent to.</p>
<b>MEALS</b>	<p>The Entry fee includes lunch package on the day of competition of the gymnast and the banquet dinner.  Banquet dinner will be on Saturday, 1<sup>st</sup> June.</p>
<b>APPLICATIONS</b>	<p>Please, upload your gymnasts, judges, coaches and music in MP3 files on  <a href="https://rgform.eu/event.php?id_prop=1133">https://rgform.eu/event.php?id_prop=1133</a>  For additional information contact us on e-mail:  <a href="mailto:krg.siska@gmail.com">krg.siska@gmail.com</a> (preferred)  Tel: +386 31 347 654 (Mrs. Stasa Puncuh)</p>

<b>A PROGRAM</b>		
<b>YOUNGER GIRLS 1</b> born 2011	2 exercises – without apparatus + apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 5 counted Execution - 10.00 points
<b>YOUNGER GIRLS 2</b> born 2010	2 exercises – without apparatus + apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 5 counted Execution - 10.00 points
<b>GIRLS 1</b> born 2009	2 exercises – without apparatus + apparatus by choice	FIG – 2017/2020 Code Junior
<b>GIRLS 2</b> born 2008	2 exercises – without apparatus + apparatus by choice	FIG – 2017/2020 Code Junior
<b>PRE-JUNIORS 1</b> born 2007	2 exercises – apparatus by choice	FIG – 2017/2020 Code Junior
<b>PRE-JUNIORS 2</b> born 2006	2 exercises – apparatus by choice	FIG – 2017/2020 Code Junior
<b>JUNIORS 1</b> born 2005	3 exercises – apparatus by choice	FIG – 2017/2020 Code Junior
<b>JUNIORS 2</b> born 2004	3 exercises – apparatus by choice	FIG – 2017/2020 Code Junior

<b>B PROGRAM</b>		
<b>YOUNGER GIRLS 1</b> born 2011	1 exercise – without apparatus	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 5 counted Execution - 10.00 points
<b>YOUNGER GIRLS 2</b> born 2010	1 exercise – without apparatus	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 5 counted Execution - 10.00 points
<b>GIRLS 1</b> born 2009	1 exercise – without apparatus	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 5 counted Execution - 10.00 points
<b>GIRLS 2</b> born 2008	1 exercise – without apparatus or apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 5 counted Execution - 10.00 points
<b>PRE-JUNIORS 1</b> born 2007	1 exercise – apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
<b>PRE-JUNIORS 2</b> born 2006	1 exercise – apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points

<b>JUNIORS 1</b> born 2005	1 exercise – apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
<b>JUNIORS 2</b> born 2004	1 exercise – apparatus by choice	FIG – 2017/2020 Code Junior Difficulties: Minimum 3, highest 6 counted Execution - 10.00 points
<b>SENIORS</b> born 2003 and older	2 exercises – apparatus by choice	FIG – 2017/2020 Code Difficulties: Minimum 3, highest 8 counted Execution - 10.00 points

<b>GROUP EXERCISES</b>	
<b>YOUNGER GIRLS A PROGRAM</b> 2010 and younger Min 4 gymnasts	Without apparatus 3 - 5 difficulties Min 2 dance steps Min 3 C
<b>YOUNGER GIRLS B PROGRAM</b> 2010 and younger Min 4 gymnasts	Without apparatus 3- 5 difficulties Min 2 dance steps Min 3 C
<b>GIRLS B PROGRAM</b> (half with, half without apparatus) 2008 and younger Min 4 gymnasts	Without apparatus+ apparatus by choice 3 BD 2 ED Min 2 dance steps Min 3 C
<b>CADETS / JUNIORS A PROGRAM</b> 2004 and younger Min 4 gymnasts	Without apparatus 4- 7 difficulties Min 2 dance steps Min 4 C
<b>CADETS B PROGRAM</b> 2006 and younger Min 4 gymnasts	Apparatus by choice 3 BD 3 ED Min 2 dance steps Min 4 C Max 1 R
<b>CADETS B LIGHT PROGRAM</b> 2006 and younger Min 4 gymnasts	Apparatus by choice 3 BD 3 ED Min 2 dance steps Min 4 C Max 1 R
<b>JUNIORS B PROGRAM</b> 2004 and younger Min 4 gymnasts	Apparatus by choice 3 BD 3 ED Min 2 dance steps Min 4 C Max 1 R

<b>DUO/TRIPLETS B PROGRAM</b>	
<b>CADETS</b> 2006 and younger	Apparatus by choice 3 BD 3 ED Min 1 dance steps Min 4 C Max 1 R
<b>JUNIORS</b> 2004 and younger	Apparatus by choice 3 BD 3 ED Min 1 dance steps Min 4 C Max 1 R
<b>SENIORS</b> born 2003 and older	Apparatus by choice 4 BD 3 ED Min 1 dance steps Min 4 C Max 1 R

**We are looking forward to see you in Ljubljana!**

**Best regards,**



**President of OC  
Mrs. Nina Apollonio**