



SAN MARINO GYMNASTICS FEDERATION



5th International Rhythmic Gymnastics Tournament SAN MARINO CUP 2018

Republic of San Marino – 8th – 9th September 2018

Dear clubs,

The **San Marino Gymnastics Federation** is very glad to invite you to the "5th San Marino Cup 2018" International rhythmic gymnastics tournament which will be held in Serravalle - Republic of San Marino on **8th-9th September 2018**.

ORGANIZING COMMITTEE

San Marino Gymnastics Federation
c/o C.O.N.S.
Via Rancaglia, 30 - 47899 Serravalle (RSM)
www.federginnasticasanmarino.com
e-mail: federginnasticasanmarino@live.it
tel. +39 335 8494205

COMPETITION HALL

Multieventi Sport Domus
Via Rancaglia, 30 - 47899 Serravalle (RSM)
www.multieventi.sm



SCHEDULE

- 07.09.2018:**
- delegations' arrival and accreditation
 - podium training
- 08.09.2018:**
- technical and judges' meeting
 - competitions
 - buffet
- 09.09.2018:**
- competitions
 - delegations' departures

DELEGATION

Delegation may consist of:

- maximum 10 gymnasts per club, maximum 2 per age category;
- 1 coach;
- 1 judge.

REGISTRATION DEADLINES

Preliminary registration:	20th July 2018
Nominative registration:	10th August 2018
Payment Entry Fee:	10th August 2018



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TECHNICAL PROGRAM

Category Years of birth	Exercises required	Requirements for Difficulty
Team Cup A 2005 and older (for International Clubs and Series A Italian Clubs)	All apparatus (rope, hoop, ball, clubs, ribbon) min. 3 ÷ max. 5 gymnasts per Team	According to FIG – Senior or/and Junior Program
Team Cup B 2005 and older (for Series B Italian National Clubs)	All apparatus (rope, hoop, ball, clubs, ribbon) min. 3 ÷ max. 5 gymnasts per Team	According to FIG – Senior or/and Junior Program
Team Pre-Junior 2006 - 2007 – 2008 - 2009	<ul style="list-style-type: none"> Without apparatus group 	BD - min. 3 ÷ max. 6 Hoops - min. 1 ÷ max. 2 Balances - min. 1 ÷ max. 2 Rotations - min. 1 ÷ max. 2 Value: from 0,10 to 0,50 Min. 2 dance steps combinations (0,30) Collaborations C min. 4 (value: p. from 0,10 to 0,40)
Special 2005 – 2006 - 2007	<ul style="list-style-type: none"> Without apparatus 	BD – min. 3 ÷ max. 7 of higher value Hoops – min. 1 Balances – min. 1 Rotations – min. 1 Value: from p. 0,10 to 1,00 Min. 2 dance steps combinations (0,30)
Children 2010 – at least 8 years old	<ul style="list-style-type: none"> Without apparatus 	BD - 6 difficulties of higher value (2 for each body difficulty group) Min. 2 dance steps combinations (0,30)
Level A Children 2008 - 2009	<ul style="list-style-type: none"> Without apparatus 1 apparatus by choice 	<u>Freehand :</u> BD - 6 difficulties of higher value (2 for each body difficulty group) Min. 2 dance steps combinations (0,30) <u>Apparatus:</u> BD – min. 3 max. 6 difficulties of higher value Value: p. from 0,10 to 0,30 Hoops – min. 1 Balances – min.1 Rotations – min. 1 Min. 2 dance steps combinations (0,30) Dynamic elements with rotation - min.1R ÷ max. 2R AD – min. 1
Level B Children 2008 - 2009	<ul style="list-style-type: none"> Without apparatus 1 apparatus by choice 	<u>Freehand :</u> BD - 3 difficulties (1 hoop – 1 balance – 1 rotation) Min. 2 dance steps combinations (0,30) <u>Apparatus:</u> BD - 3 difficulties (1 hoop – 1 balance – 1 rotation) Min. 2 dance steps combinations (0,30) Dynamic elements with rotation – max. 1R AD – max. 1



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Pre-Junior A 2006 - 2007	<ul style="list-style-type: none"> 2 apparatus by choice (rope, hoop, ball, clubs, ribbon) 	According to FIG - Junior Program
Pre-Junior B 2006 - 2007	<ul style="list-style-type: none"> min. 1 - max. 2 apparatus by choice 	BD – min. 3 ÷ max. 6 difficulties of higher value Hoops – min. 1 Balances – min. 1 Rotations – min. 1 Min. 2 dance steps combinations (0,30) Dynamic elements with rotation – min. 1 max. 2R AD – no min. no max.
Junior A 2003 – 2004 - 2005	<ul style="list-style-type: none"> 2 apparatus by choice (rope, hoop, ball, clubs, ribbon) 	According to FIG - Junior Program
Junior B 2003 – 2004 - 2005	<ul style="list-style-type: none"> min. 1 ÷ max. 2 apparatus by choice (rope, hoop, ball, clubs, ribbon) 	BD - min. 3 ÷ max. 7 of higher value Hoops – min. 1 Balances - min. 1 Rotations – min. 1 Value: p. from 0,10 to 1,00 Min. 2 dance steps combinations (0,30) Max. 2R - Dynamic elements with rotation AD – no min. – no max.
Senior A 2002 and older	<ul style="list-style-type: none"> 2 apparatus by choice (rope, hoop, ball, clubs, ribbon) 	According to FIG – Senior Program (ball, hoop, clubs, ribbon)
Senior B 2002 and older	<ul style="list-style-type: none"> min. 1 ÷ max. 2 apparatus by choice (rope, hoop, ball, clubs, ribbon) 	BD - min. 3 ÷ max. 9 of higher value Hoops – min. 1 Balances - min. 1 Rotations – min. 1 Min. 1 dance steps combination (0,30) Max. 2R - Dynamic elements with rotation AD – no min. – no max.

We remind you that: - For program Level A : awards will be given by total score.
 - For program Level B: awards will be given by apparatus.
 - Gymnasts can take part both to the Team Cup and the individual program
 - maximum 1 club for Team Cup A and Team Cup B

AWARDS

All gymnasts will receive medals and diplomas.

Special awards: Miss Smile, Miss Elegance, Miss Expression, Miss Sympathy.
 Senior A and Junior A gymnasts will be given a prize money: 1st €250,00, 2nd €150,00 and 3rd €100,00.

JUDGES

Each delegation has to include 1 judge with a FIG licence or from its National Federation.
 Delegations coming without a judge will have a charge of € 100,00 for the call-up of an external judge.



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MUSIC

The music used by the participants for the exercises should be sent to the Organizing Committee **no later than 17th August 2018** in **MP3** Format to the following email address: federinnasticasanmarino@live.it

The file must take all names separated by a "-", without any spaces, apparatus written in English (ball, hoop...), the highlighted category in the technical program.

The file will have the following denomination :

- club-surname-name-apparatus-category.mp3

For example: club-rossi-maria-ball-SeniorA.mp3

Just in case, all gymnasts are kindly invited to take a single CD on their competition day, which has to be marked with the name of the Club, the name of the gymnast and of the apparatus.

VISA

Please verify immediately with your Travel Agent or the Embassy or Consulate in your country if a visa is required for your travel to the Republic of San Marino. The Organizing Committee will be pleased to assist each Delegation member by an official invitation letter, provided that the request is made on time (**at least 6 weeks before the competition**).

The request must include the function, full name, gender, date of birth, citizenship and passport number with its expiry date, the arrival and departure dates of the Delegation Member as well as the city which the visa application support letter must be sent to.

INSURANCE

Participation is at own risk. The insurance is at the individual participants' or their delegations' expense. The San Marino Gymnastics Federation is not responsible for any accident, theft or loss of money, goods or other property or people.

ACCOMMODATION

For conventional bookings: <http://www.sanmarinoreservation.com/sanmarinocup2018/>

Or you are kindly invited to contact the "Consorzio San Marino 2000"

Phone: (+378) 0549 995031 - e-mail: info@sanmarino2000.sm

The OC will host a banquet for all gymnasts, coaches and judges on Saturday 8th September 2018.

TRANSPORTATION

All delegation members will have to pay for their own travel expenses to and from San Marino. The Organizing Committee will provide a shuttle service from the hotel to the competition hall and vice versa.

ENTRY FEES

The non-reimbursable cost for the Entry Fee is €40,00 per gymnast.

Gymnasts can take part both in the individual and in the Team Cup competition.



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PAYMENT OF FEES

All costs have to be paid in the bank account within **10th August 2018**.

In case of overdue payments, your entry may not be considered.

In case of surplus applies, the registrations will be accepted depending on the incoming payment.

Beneficiary name:	Federazione Sammarinese Ginnastica
Bank name:	Cassa di Risparmio della Repubblica di San Marino
Agency:	Città 2
IBAN:	SM44L 06067 09808 000080105332
Bic-Swift code:	CSSMSMSMXXX
Reason for payment:	San Marino Cup 2018 – Delegation name
Payment only by Euro	

No refund is possible for cancellations after **27th August 2018**.

Participating teams must support potential transaction costs or bank commissions.

Serravalle (RSM), 2nd July 2018

The President
Ing. Fabrizio Castiglioni