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### **Ritmica 7<sup>th</sup> International RG Competition, Malta, 2nd – 4th November, 2018**

Dear Gymnastics Friends,

Club Ritmica Malta wishes to invite you to 7<sup>th</sup> Ritmica International Rhythmic Gymnastics Competition held in Malta on 2nd -4th November 2018.

The aim for the competition is to give the opportunity for those developing Gymnast to compete in an International and Friendly Event.

A yearly tradition Club Ritmica will be holding a Training Camp from 29th October till the 1st November 2018.

#### **Gym Location:**

Competition will be organized with the provision of the competition floor Pastorelli in the Gym with the New Facilities at the National Sport School

#### **Address:**

National Sport School,  
Triq Jum Pembroke,  
Pembroke, PBK1831  
Malta

Participation Fee: 30 Euro per gymnast, 60 Euro per Team

### **Useful Information:**

Delegation 1 qualified judge obligatory, unlimited number of gymnast. There will be a charge of €40.00 Fee if no Judge.

Preliminary Names by the 20th July 2018 (via e-mail)

Final Names by the 1st October 2018 (via e-mail)

Insurance Organization is not responsible for any liability in case of accident, therefore all participants are advised to look for and provide adequate insurance cover.

All music has to be send MP3 to [mgf.rhythmic@live.com](mailto:mgf.rhythmic@live.com) up to the 10th October and on the CD named for the training day.

Visa: Only countries within the EU do not need a visa, those who will need a visa please check in time if your delegation needs a Visa for the entry in Malta. We are ready to assist with the letters invitation of the competition as much as possible. Please note that all clubs must cover all bank fees in connection with bank transfers when invoices are sent to you.

Airport Transfers & Transport:

Airport transfers for those clubs who wish to stay in a hotel will be at a charge of €10.00 per person per way. Transport to the Gym and Hotel transport will be charged at €6.00 per person for 2 ways per day. (8 person minimum).

7th Ritmica International

Opens with a Welcome Reception followed by Technical meeting to the judges or one representative per Team on Friday 2nd November 2018.

Farewell party 4th November -Banquet: Fee 27 Euro per adult, 15 Euro per child. Buffet including drinks, coffee, tea and dessert

Awards

Medals and souvenirs will be given for each winning First, Second and Third Place and Participation certificates and presents will also be given to all Gymnasts.

Gala

Teams are welcome to present Gala performance. Name of the exhibition to be registered with the final registration form.

**For those who are interested please send us an email and we will help you with all the information.**

## Accommodations

### Special rates first come first booked

This property is less than 5 minutes from the Competition Hall and 11 minutes' walk from the beach. Hotel is a tourist complex of unique Maltese architectural features, built in the early 20th century. Its gardens feature an outdoor swimming pool and a sandy volleyball court. Accommodation includes en suite rooms, self-catering apartments, and dormitory rooms. The common areas are a TV room, the internet café with Wi-Fi access, and a 24-hour reception.

Please find below rates Half Board per person/per night

<b>Per Night</b>		
<b>Single Bed</b>		€ 43.00
<b>2-Bedded</b>		€ 33.00
<b>3-Bedded</b>		€ 29.00
<b>Multi-Bedded</b>		€ 26.0

Deadline of First 50% Hotel Booking Payment – 15th May 2018

Club Ritmica Malta  
Preliminary Names - 20th August 2018  
Participating Form

All clubs are requested to supply one judge per participating competition on each day

Name of club: \_\_\_\_\_

Coach Attending: \_\_\_\_\_

Contact number/mobile number \_\_\_\_\_

Email Address: \_\_\_\_\_

Number of Days: \_\_\_\_\_

Price per Gymnast: \_\_\_\_\_

Coaches per coach: \_\_\_\_\_

Number of persons: \_\_\_\_\_

Total: \_\_\_\_\_

Total amount: \_\_\_\_\_

Competition only Fee /Number of gymnasts: \_\_\_\_\_

Number of Persons for Transport Airport-Hotel (10 Euro per Person): \_\_\_\_\_

Number of Persons for Transport Hotel-Airport (10 Euro per Person): \_\_\_\_\_

Number of Persons for Transport Hotel-Gym-Hotel (6 Euro per Person): \_\_\_\_\_

Total: \_\_\_\_\_

Total amount: \_\_\_\_\_

Deadline of First 50% Payment – 20th August 2018

Total amount: Deadline of Payment: 2<sup>nd</sup> Installment 100% - 1st October 2018

Total amount 100%: \_\_\_\_\_



## Competition Format

**Category B - Medals award overall per year of birth (except Junior and Senior in their category) overall and per apparatus**

Category B – Category B – Kids Training less than 10 hours a week  
 DIFFICALTES D – D MIN 4, D MAX 7, Min 1 Dance, DER Min 1, Mastery by FIG

AGE	APPARATUS	REGULATIONS
<b>2012</b>	Free Routine	D max 2 point
<b>2011/2010</b>	Free Routine	D max 3.0 points
<b>2009</b>	Free Routine +1 by choice	D max 4.00 points
<b>2008</b>	Free Routine + 1 by choice	D max 4.5 points
<b>2007</b>	Free+ 1 apparatus by choice	D max 5.0 points
<b>2006</b>	Ball+ 1 by choice	D max 6 points
<b>2005/2004/ 2003 -Junior</b>	Ball+1 by choice	Juniors FIG
<b>2002/and older - Senior</b>	Clubs+Ball+1 by choice	Seniors FIG

## Competition Format

**Category A - Medals award overall per year of birth (except Junior and Senior in their category) overall and per apparatus**

Category A (kids who are training more than 10 hours a week)  
 FIG Regulations

AGE	APPARATUS
<b>2012</b>	Free Routine
<b>2011/2009</b>	Free Routine+ 1 by choice
<b>2009/2008</b>	Free Routine+Hoop + 1 choice
<b>2007/2006</b>	Ball+ 2 by choice
<b>2005/2004/2003</b>	Ball+Clubs+1 by choice - Juniors
<b>2002 and older</b>	4 apparatus FIG Seniors

## Competition Format

### Group Exercises

Musics length 2.15 Min - 2.30 Min

1. 2010 & younger - Free routine C min 4, D max 4.0
2. 2008-2009 – 1 apparatus by choice C min 4, D max 6.0
3. 2006-2007 - 1 apparatus by choice C min 4, D max 7.0
4. 2005 & 2003 – 1 apparatus by choice C min 4, D max 10.0

### **International Ritmica Training Camp Malta, 29th October - 1st November 2018**

Training Camp Transfer will be provided by the organizers

Apparatus, Stretching, Coordination and Conditioning Training, Disco Dance, Flamenco, Belly Dance, Classical Ballet, Aerobics Endurance, Practice for the Routines

Instructors from Russia, Hungary, Lithuania

Coaches Ms. Tatjana Kissimova (Bianchi), Ksenia Yashchenko, Nikollet Kiralyvari, Ms.

Elena Vella, Ms. Svetlana Silina,

Ms. Anna Okhirimenko, Ms. Natalia Medvedeva

Head coach Mrs. Valentina Bagrijeva coach Lithuanian National Team gymnasts)

Camp Package Fee: Training sessions (24 hours) the price is Euro 140.00 per gymnast

One day Camp Fee: 40 Euro (6 Hours per day) per gymnast

## Coaches



Valentina Bagrijeva - Camp Head Coach



Elena Vella

Master of Sport, Master Degree with Distinction in Rhythmic Gymnastics, over 20 years of coaching experience (Russia, Malta), 7 years' experience of the organizing International Competitions in Malta.



Tatiana Bianchi

Master of Sport, Master Degree in RG, winner of Russian Championship and Russian Cup in the category Modern Dance, category Solo.  
11 years of working experience in Club DUSHA Russia coach of 14 gymnasts qualified in Master of Sport. From 2014 working experience with the young gymnasts age from 3 years old (Russia, Malta)



Kseniya Yashchenko

Master of Sport International Level, Master Degree in RG, winner of Russian Championship. 8 years of working experience (Russia, USA and Malta)



Nikolett Kiralyvari

47 Times Hungarian Champion, from 2001 Junior Hungarian National Team Member, 2006 Senior Hungarian National Team Member, 10th place in European Championship, 5th place in the Word Cup. 10 Years coaching and judging experience (2016-2017 Hungary Group National Team), from 2017 in Malta.





**Anna Ohrimenko**

Twice winner of Ukrainian Championship in the Hip-Hop, Silver in Disco Category, in 2004 and 2006 represented Ukraine in World Championship. 13 Years of coaching experience in Hip-Hop and Disco Dance. Candidate in Master of Sport in Aesthetic Gymnastics, qualified judge of the Hip-Hop and Disco.



**Svetlana Silina**

Choreographer graduated from Moscow University in a Classical Ballet and Russian Folk Dance. Experience of work at Alegrias Dance Company, holder of the status from the Imperial Society of teachers dancing Cecchetti Faculty and Spanish Dance Society.

Use of cameras and recorded images

Club Ritmica Malta Club recognizes the need to ensure the welfare and safety of all young people in sport and physical activity. As part of our commitment to ensure the safety of young people we will not permit photographs, videos images or other images of young people to be taken during the event.

The Club will take steps to ensure these images are used solely for the purposes they are intended, which is the promotion and celebration of the activities e.g.: press, press release, website, billboards, TV Clips, adverts magazines, newsletter , of the club.

If you become aware that these images are being used inappropriate, you should inform the club.

The information will be available on the club website for the season.

If at any time either the parent/careers or the young person wishes the data to be removed from the website, 7 days' notice must be given to the club after which the data will be removed.

Signature \_\_\_\_\_

(Full name in blocks and club)

We are looking forward to welcome you to Sunny Malta our beautiful Island

Competition Organizers

Elena Vella

