




**24<sup>th</sup> International Rhythmic Gymnastics  
Tournament "Small and great Grace 2018"  
Jurmala, LATVIA 22<sup>th</sup> – 23<sup>th</sup> September, 2018**



## DIRECTIVES

Dear FIG affiliated Member Federation,

The Gymnastics Federation of Latvia has the pleasure to invite your Federation to participate in the aforementioned International Event.

<b>DISCIPLINE</b>	<b>Rhythmic Gymnastics</b>
<b>HOST FEDERATION</b>	<b>Latvian Gymnastics Federation</b> contact person Nataija Prokofjeva 9-23 Skolas Str., RIGA LV-1010, LATVIA phone number +371 26494717 E-mail: <a href="mailto:gfl@latnet.lv">gfl@latnet.lv</a> web site: <a href="http://www.gfl.lv">www.gfl.lv</a>
<b>Organizing committee</b>	Contact person: <b>Olga Timofejeva</b> Mob. Phone: +37129701964 e-mail: <a href="mailto:olga.timofejeva@inbox.lv">olga.timofejeva@inbox.lv</a>
<b>DATES</b>	From September 22 <sup>th</sup> to 23 <sup>h</sup> , 2018
<b>VENUE</b>	 Jurmala sport hall "Taurenitis" 20/31 Klavu Street , Dubulti, Jurmala
<b>RULES AND REGULATIONS</b>	The competition will be organized under the following FIG rules, as valid in the year of the competition, except for any deviation mentioned in these directives: <ul style="list-style-type: none"><li>• Statutes</li><li>• Technical Regulations</li><li>• Code of Points and relevant Newsletters</li><li>• General Judges' Rules</li><li>• Specific Judges' Rules</li><li>• Doping Control Rules</li><li>• Licence Rules (except for non-competitive events)</li></ul>

	<ul style="list-style-type: none"> <li>Media Rules</li> <li>Apparatus Norms</li> <li>FIG Rules for Sanctioning (approval) of International Events</li> <li>Advertising and Publicity Rules and subsequent decisions of the FIG Executive Committee.</li> </ul>								
<b>PARTICIPATION</b>	<p>Delegation consist of maximum 8 gymnasts. Maximum 2 gymnasts in each age group.</p> <table border="1"> <tr> <td><b>Delegation member</b></td> <td></td> </tr> <tr> <td><b>Gymnast individual</b></td> <td><b>Max 2x per in age group</b></td> </tr> <tr> <td><b>Coach individual</b></td> <td><b>No limits</b></td> </tr> <tr> <td><b>Judge</b></td> <td><b>Min 1x</b></td> </tr> </table>	<b>Delegation member</b>		<b>Gymnast individual</b>	<b>Max 2x per in age group</b>	<b>Coach individual</b>	<b>No limits</b>	<b>Judge</b>	<b>Min 1x</b>
<b>Delegation member</b>									
<b>Gymnast individual</b>	<b>Max 2x per in age group</b>								
<b>Coach individual</b>	<b>No limits</b>								
<b>Judge</b>	<b>Min 1x</b>								
<b>REGISTRATION DEADLINES</b>	<table border="1"> <tr> <td>Definitive registration:</td> <td><b>22<sup>th</sup> July 2018</b></td> </tr> <tr> <td>Nominative registration</td> <td><b>22<sup>th</sup> August 2018</b></td> </tr> </table>	Definitive registration:	<b>22<sup>th</sup> July 2018</b>	Nominative registration	<b>22<sup>th</sup> August 2018</b>				
Definitive registration:	<b>22<sup>th</sup> July 2018</b>								
Nominative registration	<b>22<sup>th</sup> August 2018</b>								
<b>ENTRY FEES</b>	<p>The Entry fee for this event will be: <b>40 EUR</b> per individual gymnasts Payment only by Bank Transfer to the Latvian Gymnastics Federation bank account.</p>								
<b>PROVISIONAL SCHEDULE</b>	<p><u>Day 1 (Thursday, 20.09.2018):</u></p> <ul style="list-style-type: none"> <li>Arrival of the Delegations</li> </ul> <p><u>Day 2 (Friday, 21.09.2018):</u></p> <ul style="list-style-type: none"> <li>Training</li> <li>Orientation Meeting</li> </ul> <p><u>Day 3 (Saturday, 22.09.2018):</u></p> <ul style="list-style-type: none"> <li>Judges' Instruction</li> <li>All-round Part 1</li> </ul> <p>Day 4 (Sunday, 23.09.2018):</p> <ul style="list-style-type: none"> <li>Judges' Instruction</li> <li>All-round Part 2</li> </ul> <p><u>Day 5 (Monday, 24.09.2018):</u> Departure of the Delegations</p>								
<b>MEDICAL SERVICES</b>	<p>Medical services will be provided by the Organizing Committee during Competition.</p>								
<b>VISA</b>	<p>By request. But not later than <b>22<sup>th</sup> August 2018</b>.</p>								
<b>INSURANCE</b>	<p>All participants should have their own health insurance.</p>								
<b>INTERNATIONAL TRANSPORTATION</b>	<p>The invited participating clubs must pay for the travel costs of their delegation members.</p>								
<b>LOCAL TRANSPORTATION</b>	<p>By request.</p>								
<b>ACCOMMODATION</b>	<p>By request.</p>								
<b>MEALS</b>	<p>Organizers will cover the meals (lunch) for coaches, judges at the competition hall during the competition.</p>								

<b>BANK ACCOUNT INFORMATION</b>	Beneficiary	Latvian Gymnastics Federation, Reg. No. 40008022241 Address: Skolas 9 – 23, Riga LV-1010 Latvia	
	Bank	Valsts kase	
	Bank address	Smilshu 1, Riga, LV-1919, Latvia	
	IBAN	LV94TREL9153520000000	
	SWIFT	TRELLV22	
	The participating federation is responsible for covering all bank fees in connection with the bank transfers.		
<b>DEADLINES SUMMARY</b>	Definitive Registration		<b>22nd July 2018</b>
	Nominative Registration		<b>22nd August 2018</b>
	Payment of the Entry Fee		<b>22nd August 2018</b>
	Visa Request Form		<b>22nd August 2018</b>
	<b>TECHNICAL PROGRAM</b>		
	<b>Age group</b>	<b>Year born</b>	<b>Apparatus</b>
	<b>Senior</b>	1998 and older	2 apparatus by choice FIG program
		2001-2002	2 apparatus by choice FIG program
	<b>Junior</b>	2003	2 apparatus by choice FIG program
		2004	2 apparatus by choice FIG program
		2005	2 apparatus by choice FIG program
	<b>"Sea Pearls"</b>	2006	2 apparatus by choice FIG program
		2007	2 apparatus by choice FIG program
		2008	2 apparatus by choice FIG program

<b>AWARDS</b>	<p>All age groups: 1-3 place winners will be awarded with diploma, medal and a prize. 4-6 place winners will be awarded with diploma and symbolic prize. All the participants will be awarded with symbolic prizes.</p>
---------------	---

Sincerely Yours,  
Riga, May 01, 2018

Place and date:



.....  
Natalija Prokofjeva  
Secretary General of  
the Latvian Gymnastics Federation