



L'A.S.D. JAMMING PALESTRE

Via Catania 10 San Giovanni la Punta (Catania) Italy

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Organizes



We have great pleasure and honor to invite you to

San Giovanni la Punta (Catania, Sicily, Italy) on

7th and 8th July to participate in our

7th International Tournament “Trofeo dell'Etna”.

We would be delighted if the competitors of your club take
part in tournament.

Sincerely

Roberto Gatto
President

TOURNAMENT RULES

DATE: JULY 7 and 8, 2017

PLACE: SPORTS HALL, POLIVALENTE SCHOOL (via Motta 87 San Giovanni la Punta Catania, Sicily, Italy)

PROPOSITIONS: individuals 9 categories, 2 levels.

TECHNICAL PROGRAMME

- BORN 2010 (and younger)

WITHOUT APPARATUS min 3 max 6 body difficulties 0,10 to 0,30 (min 1 max 2 for each body movements) minimum 1 dance steps combination, D= 3,00 p. maximum

BORN 2009 LEVEL A

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE , HOOP OR BALL). Free hand min 3 max 6 body difficulties 0,10 to 0,40 (min 1 max 2 for each body movements). Apparatus min 3 max 6 body difficulties (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination D= 4,00 p. maximum; (max 1 R)

BORN 2009 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- WITHOUT APPARATUS and 1 apparatus by choice (ROPE, HOOP OR BALL) min 3 max 6 body difficulties 0,10 to 0,30 (min 1 max 2 for each body movements) minimum 1 dance steps combination, Apparatus min 3 max 6 body difficulties (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination D= 3,00 p. maximum; (max 1 R)

BORN 2008 LEVEL A

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE, HOOP OR BALL). Free hand min 3 max 6 body difficulties 0,10 to 0,50 (min 1 max 2 for each body movements). Apparatus min 3 max 6 body difficulties (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination D= 5,00 p. maximum; (max 1 R)

BORN 2008 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE , HOOP OR BALL). Min 3 max 6 body difficulties 0,10 to 0,40 (min 1 max 2 for each body movements) minimum 1 dance steps combination Apparatus min 3 max 6 body difficulties (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination D= 4,00p.maximum; (max 1 R)

BORN 2007 LEVEL A

- 2 ROUTINES ONE WITHOUT APPARATUS AND ONE APPARATUS BY CHOICE (ROPE, HOOP, BALL, CLUBS, RIBBON). Free hand MIN 3 MAX 6 body difficulties 0,10 to 0,60 (min 1 max 2 for each body movements). Apparatus min 3 max 6 body difficulties (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination D= 6,00 p. MAX; (max 2 R)

BORN 2007 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- WITHOUT APPARATUS and ONE APPARATUS BY CHOICE (ROPE , HOOP OR BALL) min 3 max 6 body difficulties from 0,10 to 0,50 (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination
D= 5,00 p. maximum; (max 1 R)

BORN 2006 LEVEL A

- 2 ROUTINES HOOP AND ONE APPARATUS BY CHOICE. Min 3 max 9 body difficulties from 0,10 to 0,60 (min 1 max 3 for each body movements), min 1 AD minimum 1 dance steps combination
D=6,00 p. maximum; (max 2 R)

BORN 2006 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 6 body difficulties from 0,10 to 0,60 (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination D= 5,00 p. maximum; (max 1 R)

BORN 2005 LEVEL A

- 2 ROUTINES BALL AND ONE APPARATUS BY CHOICE. Min 3 max 9 body difficulties from 0,10 to 0,60 (min 1 max 3 for each body movements), min 1 AD, minimum 1 dance steps combination
D= 7,00 p. maximum; (max 2 R)

BORN 2005 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 6 body difficulties from 0,10 to 0,60 (min 1 max 2 for each body movements), min 1 AD, minimum 1 dance steps combination D= 6,00 p. maximum; (max 2 R)

BORN 2004 LEVEL A

- 2 ROUTINES RIBBON AND ONE APPARATUS BY CHOICE .MIN 3 max 9 body difficulties from 0,10 to 0,80 (min. 1 max 3 for each body movements), min 1 AD, minimum 1 dance steps combination
D= 8,00 p. maximum; (max 3 R)

BORN 2004 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 6 body difficulties from 0,10 to 0,60 (min. 1 max. 2 for each body movements), minimum 1 dance steps combination D= 6,00 p. maximum; (max 3 R)

BORN 2003/2002 LEVEL A

- 2 ROUTINES CLUBS AND ONE APPARATUS BY CHOICE. Min 3 max 9 body difficulties from 0,10 to 1,00 (min. 1 max 3 for each body movements), min. 1 AD, minimum 1 dance steps combination D= 8,00 p. maximum; (min. 1 Dynamic elements with Rotation and throw)

BORN 2003/2002 LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min 3 max 6 body difficulties from 0,10 to 0,80 (min. 1 max. 2 for each body movements), minimum 1 AD, minimum 1 dance steps combination D= 7,00 p. maximum; (max 3 R)

BORN 2001 AND OLDER LEVEL A

- 2 ROUTINES BY CHOICE F.I.G. RULES

BORN 2001 AND OLDER LEVEL B (beginner gymnasts, and gymnasts have training less 10 hours per week)

- 2 APPARATUS BY CHOICE. Min. 3 max 6 body difficulties from 0,10 to 0,80 (min. 1 max. 2 for each body movements), min. 1 AD, minimum 1 dance steps combination D= 7,00 p. maximum; (max 3 R)

We will consider only difficulties, which are in program per category. We will ignore higher difficulties. The technical management reserve the right to move a gymnast whose level is higher than the one of the category in which she is recorded to a suitable category. Music on CD (original and a copy) for single gymnasts and routines with name of society, of gymnast and apparatus.

SCHEDULE

07.07.17 Friday

from 9.00 a.m. to 2 p.m. – arrival of the delegations –

Garden Hotel Via Madonna delle Lacrime, 12/b (San Giovanni la Punta, Catania)

Hotel service: parking - double and triple rooms- WiFi FREE - swimming pool.

In the eventuality of full of Garden hotel rooms, the management of the competition will change the accommodation of the sport club, moving it to a similar. In that case, we'll move the clubs according to the time of booking at the competition.

Website: www.gardenhotelcatania.com

07.07.2017 Friday

From 3.00 p.m. to 7.30 p.m. (test floor at the sports hall)

8.00 p.m. – technical and judges meeting at the hotel

08.07.17 Saturday

08.00 a.m. – judges meeting at the sports hall

09.00 –competition

1.00 – 2.00 p.m. – lunch

2.00 p.m.– opening ceremony of competition

2.30 p.m.- Begins Second part competition

7.00 p.m. – closing competition

7.30 p.m.– **shows program in execution of tournament participants closing ceremony**

8.30 p.m.– closing banquet

09.07.17 Sunday

After breakfast departure of the delegation

DELEGATION

Each team can consist of unlimited competitors in different categories, 1 judge and 1 coach.

COSTS

The organizer covers accommodation of each person team from evening from 7 July to breakfast 9 July (in Hotel in bed and breakfast) and closing banquet.

Every additional guest will have to pay full costs of accommodation, 140 euro per person. Travelling costs will not be covered **except transfer from hotel to Sports Hall**. We can provide transport from Catania Airport to Hotel for each delegation. Payment for the transport 12 euro per person per way.

ENTRY FEE

Participation fee is 95 euros **per each person of the team included coach and judge**

Preliminary entry up to 21.04.2017

Application form up to 03.06.2017

INSURANCE

The Organizing Committee will not be held responsible for any liabilities in case of accidents, illness, repatriation and the like.

All the members of delegation are responsible for making their own arrangements to have the necessary valid insurance coverage against illness, accidents and for repatriation.

“7th Trofeo Dell’Etna” Training Camp

In the week from 10th to 14th July we will organize an intensive training camp with important coach for more information about it contact us.

Contact Person: Alessandra Labanca Technical Director of Competition

Tel: +393289187364 e-mail: info@asjammingpalestre.it

will be possible to see the tournament in livestreaming on our website:

www.asjammingpalestre.it

Will be possible to buy SASAKI, PASTORELLI, CHACOTTE apparatus during the competition

PRELIMINARY APPLICATION
7th INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT
“TROFEO DELL’ETNA”

Please,send this application form untill 21.04.2015.

The name of the club :

Country :

Contact persons :

Phone:

E-MAIL :

Address :

Number of competitors in delegation :

Coach :

Contact:

Number of additional guests coming:

Comments :

7th INTERNATIONAL RHYTHMIC GYMNASTICS TOURNAMENT

“TROFEO DELL’ETNA”

APPLICATION FORM (until 03.06.2017)

1st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

2nd COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

3rd COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

4th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

5th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

6th COMPETITOR: _____
Name, Surname, Date of Birth, Category, level, Apparatus

7st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

8st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

9st COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

10th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

11th COMPETITOR: _____
Name, Surname, Date of Birth, Category, level, Apparatus

12th COMPETITOR: _____
Name, Surname, Date of Birth, Category, Level, Apparatus

JUDGE: _____
Name, Surname

COACH: _____
Name, Surname

CLUB, COUNTRY: _____

CONTACT ADDRESS: _____

tel, e-mail _____

CONTACT PERSON: _____

DATE and TIME of ARRIVAL in CATANIA: _____

DAY and HOUR of DEPARTURE: _____

SPECIAL REQUIREMENTS: _____

/transport from airport to the hotel/

Number of additional guests coming: _____