



Rhythmic Gymnastics Federation of Yaroslavl  
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# XI-th International Rhythmic Gymnastics Tournament "Yaroslavl Spring" - 2017

23<sup>th</sup> - 27<sup>th</sup> May

Dear friends of rhythmic gymnastics,  
Rhythmic Gymnastics Federation of Yaroslavl  
have pleasure to invite you to participate in the  
afore mentioned international event.

**Welcome to Yaroslavl!**



# **The international rhythmic gymnastics tournament “Yaroslavl Spring”**

**Yaroslavl, Russia, 23<sup>th</sup>- 27<sup>th</sup> May 2017**

## **1. Goals and Objectives:**

The international tournament is held for the purpose of popularization of rhythmic gymnastics, development of international relations in the world of sport and involvement of the world's rhythmic gymnastics celebrities in participating in the sporting event in Yaroslavl.

## **2. Governing body of Tournament:**

Organizing committee of the competition:

### **Rhythmic Gymnastics Federation of Yaroslavl:**

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e-mail: [yargimnast@yandex.ru](mailto:yargimnast@yandex.ru)

website: [www.yargimnast.ru](http://www.yargimnast.ru)

Competition Director: Maria Belyusova

The Head judge of the competition: Natalja Laschinskaya (FIG judge)

Assistant judge: Natalja Bestsastnaja (FIG judge)

With support of:

Rhythmic Gymnastics Federation of Russia

Yaroslavl region government

Yaroslavl region Department of physical training, sports and youth policy

Yaroslavl city Department of physical training and sports

Rhythmic Gymnastics Federation of Yaroslavl region

The fund of support and development of rhythmic gymnastic «Olympic Hopes»

## **3. Venue:**

Sport complex “Atlant” (2 Pavlov St. Yaroslavl 150023 Russia)

## **4. Tournament Schedule:** May 23<sup>th</sup>- 27<sup>th</sup>, 2017

**23 May, Monday** - Arrival.

14.00-20.00 – podium examining;

14.00-19.00-credentials committee;

20.00- judges meeting.

**24 May, Tuesday** - Day 1 of Competition .Official Opening of the Tournament.

**25 May, Wednesday** - Day 2 of Competition.

**26 May, Thursday** - Day 3 of Competition.Finals. Official Closing of the Competition.

Departure after 20.00.

**27 May, Friday** - Departure.

**Teams leaving the competition before the official closing and not attending the Awarding ceremony.**

## **5. Program:**

### **Category A:**

<b>Age</b>	<b>Program</b>	<b>Difficulties</b>
<b>2011</b>	Without apparatus	Max. D. – 5.0 points, max. 9 difficulties
<b>2010</b>	Without apparatus + 1 apparatus of choice	Max. D. – 5.0 points, without apparatus max. 9 difficulties
<b>2009</b>	Without apparatus + 1 apparatus of choice	Max. D. – 6.0 points, without apparatus max. 9 difficulties
<b>2008</b>	Without apparatus + 2 apparatus of choice	Max. D. – 6.0 points, without apparatus max. 9 difficulties

<b>2007</b>	Without apparatus + 2 apparatus of choice	Max. D. – 6.0 points, without apparatus max. 9 difficulties
<b>2006</b>	3 apparatus of choice	Max. D – 7.0 points
<b>2005</b>	3 apparatus of choice	Max. D – 7.0 points
<b>JUNIOR</b>	4 apparatuses	FIG program juniors
<b>SENIOR</b>	4 apparatuses	FIG program seniors

**Category B:**

<b>Age</b>	<b>Program</b>	<b>Difficulties</b>
<b>2010</b>	Without apparatus	Max. D. – 4.0 points, max. 7 difficulties
<b>2009</b>	Without apparatus	Max. D. – 4.0 points, max. 7 difficulties
<b>2008</b>	1 Apparatus of choice	Max. D. – 6.0 points
<b>2007</b>	Without apparatus + 1 Apparatus of choice	Max. D. – 6.0 points, without apparatus max. 7 difficulties
<b>2006</b>	Without apparatus + 1 apparatus of choice	Max. D. – 7.0 points, without apparatus max. 7 difficulties
<b>2005</b>	2 apparatus of choice	Max. D. – 7.0 points

**GROUP EXERCISES**

<b>Seniors (2001 and older)</b>	FIG program
<b>Juniors (2002-2004)</b>	FIG program
<b>2005-2006</b>	2 apparatuses
<b>2006-2007</b>	2 apparatuses
<b>2007-2008</b>	without apparatus + 1 apparatus of choice
<b>2008-2009</b>	without apparatus + 1 apparatus of choice
<b>2009-2010</b>	without apparatus + 1 apparatus of choice

**6. Competitors:**

A delegation is to be as follows:

- Individual program: 8 gymnasts
- group competition
- 1 judge
- 1 coach

**7. Deadlines for entries:**

**Definitive entry: April 20, 2017**

**Nominative entry: May 10, 2017**

**Visa Forms (+Pass. Copies): April 20, 2017**

**Hotel Reservations: May 10, 2017**

**Travel details: May 13, 2017**

**Forms you can look at the website: [www.yargimnast.ru](http://www.yargimnast.ru)**

**8. RG Floor:** “SPIETH” # 652

**9. Visas:**

If you need the Russian visa, we ask you to fill in the applied form and send it to the Organizing committee of the competitions (it is necessary to send a copy of the page of the foreign passport with a photo on it).

## **10. Awarding :**

- Winners and prize-winners (1<sup>st</sup> to 3<sup>rd</sup> place) are awarded with medals, diplomas and valuable prizes, from the 4<sup>th</sup> to the 6<sup>th</sup> place - with diplomas and valuable prizes in each group in Category A and B.
- Winners and prize-winners in Finals are awarded with medals, diplomas and valuable prizes.
- Each participant of the Competition will be given a memorable gift from the Organizers.
- The coach of the winner in individual program and group is awarded with a diploma and a memorable gift.
- Judges will be given valuable gifts from the Organizers.

## **11. Financing:**

Financial expenses on preparation and holding of the competitions are provided by:

- Yaroslavl region Department of physical training, sports and youth policy
- Yaroslavl city Department of physical training and sports
- Rhythmic Gymnastics Federation of Yaroslavl
- The fund of support and development of rhythmic gymnastic «Olympic Hopes»

**Entrance fee** – 45 euros per gymnast

## **12. Safety of participants and spectators:**

The International Federation of Gymnastics Rules of holding Rhythmic Gymnastics Competitions.

## **13. Insurance:**

Each member of the delegation should have insurance.

## **14. Music :**

All music must be recorded on CD. 2 CD's in CD-DA format (clearly labeled with the gymnast's name, club, country, apparatus and category) for each exercise.

## **15. Official forms:**

**All foreign delegations are kindly requested to bring their national flags and anthems.**

## **16. Living Conditions:**

The organizing committee will cover the following expenses for delegation (1 coach, 1 judge, 8 gymnasts):

- Airport Transfers
- Meals for judge (3 meals a day)
- Meals for gymnasts (3 meals a day)
- Coffee breaks for judge
- Banquet for judge
- Entertaining program for gymnasts
- Accommodation of judge in the presence in delegation gymnasts seniors or juniors category with a valid FIG license

## **17. Accommodation:**

Accommodation is provided by the Organizing Committee in the hotels of the city: price 10-25 Euros per person.

Information about accommodation you can look at the website: [www.yargimnast.ru](http://www.yargimnast.ru)

The present regulations are an official invitation to the International Tournament.

The Organizing Committee.