

 **INVITATION**

 **INTERNATIONAL RHYTHMIC**

 **GYMNASTICS TOURNAMENT**

 **VENERA CUP 2016**

 **9-10/06/2016**

 **Ramat - Gan Israel**



**Organizer:** Municipality of Ramat – Gan

**Competition hall** :Sport Hall **"ZISMAN-"DEREH**

 **HATAYASIM 85" RAMAT – GAN"**

**Costs:**

**Registration fee per gymnast**: 40 € per gymnast - Individuals

 30 € per gymnast - Groups

**Hotel charge:**

70 €/person/night (hotel, breakfast + 1 meals)

**Transport:**

* Organizers provide transportation “Ben-Gurion” International Airport, to Ramat -Gan and back for20 €.
* The organizer is providing the transport from the hotel to the competition hall and back.

**Program :**

**8.06.2016:**

* Arrival of delegations
* Training
* Technical and judge meeting

**9.06.2016:**

* Judge meeting
* All-round competition individual A + B (2010-2004), awards ceremony
* All-round competition groups

**10.06.2016:**

* Judge meeting
* All-round competition individual A + B (2003-Senior), awards ceremony
* Closing ceremony
* Gala
* Banquet

**11.06.2016:**

* Trip to the "Dead Sea" (for those who stay, and costs 30 euro per person)
* Departure of delegation

**12.06.2016:**

* Trip to Jerasulem (30 euro per person)

**Categories and Technical Program:**

**Delegations: 1 gymnast per categories /max 7 gymnasts/ +group**

**2 coach + 1 judge**

**Contact:**

**VeneraZaripova – Levy:** **veneraz@walla.com**

**Regina Davidov:dregina@walla.com**

**General informations**

**Organization:**

**Municapality of Ramat-Gan**

**Event director: Mrs. Venera Zaripova-Levy**

**Tel.:+972-526775756**

**E-mail: Veneraz@walla.com**

**Professional Contact:Mrs. Regina Davidov**

**Tel:+972-544667992**

**E-mail:** **dregina@walla.com**

**Accreditation will be held at the arrival dal in the hotel.**

**As well as the rest of the payment will be charge.**

**GROUP:**

|  |  |  |  |
| --- | --- | --- | --- |
| **Year of****birth** | LEVEL A | LEVEL B | Difficulty |
| **Yang starts** **(2009-2010)** | **Without** **apparatus** | **Without** **apparatus** | D = 3.00 / 6 diff./4 C x 0.1Min. 1 S**untitled_cr**E=10.00 |
| Hopes (2008-2006) | **By choice** | **By choice** | D = 4.00 / 6 diff./ 4 - exchangesmax 1 R ;min 4 C; Min. 1 S untitled_crE=10.00 |
| Children(2006-2005) | **By choice** | **By choice** | D = 6.00 / 6 diff./ 4 - exchangesmax 1 R ;min 4 C; Min. 1 S untitled_crE=10.00 |
| Pre junior(2005-2003) | **By choice** | **By choice** | D = 6.00 / 6 diff./ 4 - exchangesmax 1 R ;min 4 C; Min. 1 S untitled_crE=10.00 |
| Junior(2001-2003) | **Clubs** | **By choice** | FIG |
| Senior(2000+) | **Ribbons or** **Clubs +Hoops** | **By choice** | FIG |

**INDIVIDULAS:**

|  |  |  |
| --- | --- | --- |
| **Year of****birth** | **Category A** | **Category B** |
|  **Babes****(2009-2010)** | W.A or 1app.by choice(rope, hoop, ball)D=3.00 (max.7 diff.)E=10.00 | 1 by choice(w.a, rope, hoop, ball)D=2.00 (max.7 diff.)E=10.00 |
| **Yang starts****(2007-2009)** | W.A or 1app.by choice(rope, hoop, ball)D=4.00 (max.7 diff.)E=10.00 | 1 by choice(w.a, rope, hoop, ball)D=3.00 (max.7 diff.)E=10.00 |
| **Hopes****(2006-2007)** | W.A + 1app.by choice(rope, hoop, ball)D=5.00 (max.7 diff.)E=10.00 | 1 by choice(w.a, rope, hoop, ball)D=4.00 (max.7 diff.)E=10.00 |
| Children (2004-2005) | 2 app.by choice(w.a, rope, hoop, ball)D=7.00 (max.7 diff.)E=10.00 | 1 by choice(w.a, rope, hoop, ball)D=5.00 (max.7 diff.)E=10.00 |
| Pre junior(2003-2004) | 3app.by choice(rope,hoop,ball,clubs)D=8.00 (max.7 diff.)E=10.00 | 1app.by choice(rope,hoop,ball,clubs,ribbon)D=5.00 (max.7 diff.)E=10.00 |
| Junior (2001 - 2003) | 3 app.by choice(rope,hoop,ball,clubs)FIG rules | 2 app.by choice(rope,hoop,ball,clubs,ribbon)D=6.00 (max.7 diff.)E=10.00 |
| Senior (2000 +) | 4 app(hoop,ball,clubs, ribbon)D=10.00 (max.9 diff.)E=10.00FIG rules  | 2 app.by choice(rope,hoop,ball,clubs,ribbon)D=7.00 (max.7 diff.)E=10.00 |

***INSURANCE: All participants should their own health insurance***

***REGISTRATION: Definite, Hotel reservation – 20/04/2016***

 ***Travel details -5/05/2016***

* ***Each gymnasts must bring flag of her own country plus two copy music disc of each apparatus.***

***INTERNATIONAL RHYTHMIC***

***GYMNASTICS TOURNAMENT***

**DEFINITIVE ENTRY**

Name of the Sport Club/Association: …………………………….………………………….………………………

Contact person: …………………….……………………………………….………………………………………………

Your contact address: ………………………………………..……………………………….…………………………..

Tel: ……………………………. Fax: …….………….…………… E-mail………………………………….

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Name | GymnastCategory | GymnastApparatus | Date of birth | Nr passport | Date of expiry |
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|  |  |  |  |  |  |
| coach |  |  |  |  |  |
| judge |  |  |  |  |  |

**Travelling**  by plane, bus, train, car

**Arrival :** Date:………………. Time:……………….

**Departure:** Date:……………….. Time:……………….

Return this form to organizing committee

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 **Regina Davidov** dregina@walla.com