



KLUB ZA ŠPORTNO RITMIČNO GIMNASTIKO ŠIŠKA
CLUB FOR RHYTHMIC GYMNASTICS ŠIŠKA

krg.siska@gmail.com
<http://www.ksrg-siska.net/>
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Mestna občina
Ljubljana



12th FRIENDSHIP TOURNAMENT IN RHYTHMIC GYMNASTICS (A and B programme)

Ljubljana, Slovenia, 4rd - 5th June 2016

Dear friends of rhythmic gymnastics!

We are pleased to invite you to participate in the 12th Friendship Tournament in Rhythmic Gymnastics, which is organized under the motto of "friendly gathering"! The tournament will take place in Ljubljana, Slovenia, from 4rd to 5th June 2016.

ORGANIZING COMMITTEE	Club for Rhythmic Gymnastics Šiška Ulica 28. maja 63, 1000 Ljubljana, Slovenia E-mail address: krg.siska@gmail.com http://ksrg-siska.net
EVENT MANAGER	Mrs. Marieta Stoimenova
DATE	Friday, 4th June – Sunday, 5th June 2016
VENUE	GIMNASTIČNI CENTER LJUBLJANA GYMNASTICS CENTRE LJUBLJANA Koprska 29, SI-1000 Ljubljana, Slovenia GPS Code: 46°02'20.1"N 14°29'01.0"E https://www.google.si/maps/place/Gimnasti%C4%8Dni+center+Ljubljana/@46.0390073,14.4840639,16.5z/data=!4m2!3m1!1s0x0000000000000000:0x0c61af61dabe310c

SCHEDULE	<p><u>Friday 3rd June 2016</u> - arrival of delegations - official training - technical meeting and judge's instructions</p> <p><u>Saturday 4th June 2016</u> - competition A, B - banquet dinner</p> <p><u>Sunday 5th June 2016</u> - competition A, B</p> <p><u>Monday 6th June 2016</u> - departure of delegations</p>																										
THE SIZE OF THE DELEGATION	<p>Delegation may consist of:</p> <ul style="list-style-type: none"> - unlimited number of gymnasts (in case of too numerous applications the organizer may limit the participation in specific categories according to the early date of the entry of the application) - coaches - max. 1 judge 																										
APPLICATION DEADLINES	<table border="1"> <tr><td>Definitive Registration</td><td>1st April 2016</td></tr> <tr><td>Nominative Registration</td><td>1st May 2016</td></tr> <tr><td>Visa Request Form</td><td>1st May 2016</td></tr> <tr><td>Accommodation Form</td><td>1st May 2016</td></tr> <tr><td>Travel Schedule Form</td><td>1st May 2016</td></tr> <tr><td>Meals Form</td><td>1st May 2016</td></tr> <tr><td>Official Form</td><td>25th May 2016</td></tr> <tr><td>Payment of the Entry fee</td><td>At arrival to LOC*</td></tr> <tr><td>Payment of the Accommodation costs</td><td>At arrival to LOC*</td></tr> <tr><td>Payment of the Local transportation</td><td>FREE for users of official hotel</td></tr> <tr><td>Payment of the Lunch packages</td><td>INCLUDED in Entry fee</td></tr> <tr><td>Payment of the Banquet</td><td>INCLUDED in Entry fee</td></tr> <tr><td>Payment of the fine for missing judge</td><td>50 EUR</td></tr> </table> <p>*(at judges' meeting exclusively to the Organizing Committee representative)</p>	Definitive Registration	1 st April 2016	Nominative Registration	1 st May 2016	Visa Request Form	1 st May 2016	Accommodation Form	1 st May 2016	Travel Schedule Form	1 st May 2016	Meals Form	1 st May 2016	Official Form	25 th May 2016	Payment of the Entry fee	At arrival to LOC*	Payment of the Accommodation costs	At arrival to LOC*	Payment of the Local transportation	FREE for users of official hotel	Payment of the Lunch packages	INCLUDED in Entry fee	Payment of the Banquet	INCLUDED in Entry fee	Payment of the fine for missing judge	50 EUR
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ENTRY FEES	<p>The entry fee for this event will be 40 EUR.</p>																										
TRANSPORTATION	<p>The invited participating federations must pay for the travel costs of their delegation members to/from Slovenia.</p> <p>The organizing club Šiška will organize free transportation to/from hotel from the airport Jože Pučnik in Ljubljana, Ljubljana train station or Ljubljana bus station upon arrival and by departure.</p> <p>The OC will cover the transportation to/from hotel to/from the Competition Hall for the delegations which will stay in hotel offered by the organizing club.</p>																										

ACCOMMODATION	<p><u>M HOTEL</u> ***</p> <p>The costs per person in this hotel are as follows: 70 EUR/night (single room, including breakfast, wi-fi) 45 EUR/night (double or triple room, including breakfast, wi-fi).</p> <p>If you would like to have dinner, you order it and pay directly in the hotel. It costs 7 € per person.</p> <p>While the Accommodation Form must be returned to the LOC by 1st May 2016 at the very latest, the hotel rooms will be allocated on a “first come, first serve” basis.</p> <p>The invited participating federations must pay for the accommodation expenses of their delegation members. The accommodation costs must be paid to the LOC upon arrival in cash.</p>
APPLICATIONS MUST BE SENT TO:	<p>Club for Rhythmic Gymnastics Šiška Ulica 28. maja 63, 1000 Ljubljana, Slovenia</p> <p>E-mail: krg.siska@gmail.com (preferred)</p> <p>Tel: +386 31 627 680 (Mrs. Roni Vodičar)</p>

At the competition in international category the following categories will be presented:

A PROGRAMME

MINI 1 born 2010	1 exercise – without apparatus	Difficulty: »D« - 3.00 3-5 diff. Rhythmic steps - min. 1x Execution »E« - 10.00 TOTAL - 13.00
MINI 2 born 2009	1 exercise – without apparatus	Difficulty: »D« - 3.00 3-5 diff. Rhythmic steps - min. 1x Execution »E« - 10.00 TOTAL - 14.00
YOUNGER GIRLS 1 born 2008	1 exercise – without apparatus	Difficulty: »D« - 4.00 3-5 diff. Rhythmic steps - min. 1x Execution »E« - 10.00 TOTAL - 14.00
YOUNGER GIRLS 2 born 2007	1 exercise – without apparatus	Difficulty: »D« - 4.00 3-5 diff. Rhythmic steps - min. 1x Execution »E« - 10.00 TOTAL - 14.00

GIRLS 1 born 2006	2 exercises – without apparatus + apparatus by choice	Difficulty: »D« - 5.00 4-6 diff. Rhythmic steps - min. 1x Max - 2 risks (possible with 1 rotation 0,10) Mastery – max. 3 Execution »E« - 10.00 TOTAL - 15.00
GIRLS 2 born 2005	2 exercises – without apparatus + apparatus by choice	Difficulty: »D« - 5.00 4-6 diff. Rhythmic steps - min. 1x Max - 2 risks (possible with 1 rotation 0,10) Mastery - max. 3 Execution »E« - 10.00 TOTAL - 15.00
PRE-JUNIORS 1 born 2004	2 exercises – hoop + apparatus by choice	FIG programme for juniors
PRE-JUNIORS 2 born 2003	2 exercises – hoop + apparatus by choice	FIG programme for juniors
JUNIORS 1 born 2002	2 exercises – ball + Apparatus by choice	FIG programme for juniors
JUNIORS 2 born 2001	2 exercises – ball + Apparatus by choice	FIG programme for juniors

For each exercise – min. 1 and max. 3 elements of jumps/leaps, balances and rotations.

B PROGRAMME

PRE-JUNIORS 1 born 2004	1 exercise – apparatus by choice	Difficulty: »D« - 5.00 4-6 diff. Rhythmic steps - min. 1x Max - 2 risks Mastery - max. 3 Execution »E« - 10.00 TOTAL - 15.00
PRE-JUNIORS 2 born 2003	1 exercise – apparatus by choice	Difficulty: »D« - 5.00 4-6 diff. Rhythmic steps - min. 1x Max - 2 risks Mastery - max. 3 Execution »E« - 10.00 TOTAL - 15.00

JUNIORS 1 born 2002	1 exercise – apparatus by choice	Difficulty: »D« - 6.00 4-6 diff. Rhythmic steps - min. 1x Max - 2 risks Mastery - max. 3 Execution »E« - 10.00 TOTAL – 16.00
JUNIORS 2 born 2001	1 exercise – apparatus by choice	Difficulty: »D« - 6.00 4-6 diff. Rhythmic steps - min. 1x Max - 2 risks Mastery - max. 3 Execution »E« - 10.00 TOTAL – 16.00
SENIORS born 2000 and older	2 exercises – apparatus by choice	Difficulty: »D« - 7.00 5-7 diff. Rhythmic steps - min. 1x Max - 3 risks Mastery - max. 3 Execution »E« - 10.00 TOTAL – 17.00

For each exercise – min. 1 and max. 3 elements of jumps/leaps, balances and rotations.

We are looking forward to see you in Ljubljana!

Best regards,

**President of OC
Mrs. Nina Apollonio**