





8th INTERNATIONAL RHYTMIC GYMNASTICS SUMMER CAMP Budva 13.June - 15. Jul 2016

Dear Friends!

We have pleasure to invite You to our summer camp which will be held in Budva, Montenegro!

This Camp is a good seminar for the coaches, different instructors show various ways of working with the children and You can see different schools of rhythmic gymnastic. Every instructor works in a different way. It is a good way to improve your knowledge. We hope You will accept our invitation!

Best regards, Vesna Radonić

ORGANIZERS: Gymnastic Federatio of Montenegro and Gymnastics Club Budva

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INFORMATION:

Vesna Radonić +382 / 69 084 966 or 68 084 966 or 067 084 966

PARTICIPANS: 2001 and younger gymnasts

CHOACHES:

Russia (Daria Kondakova) - 13-19. June

Russia (Peter Vertlib)
Bulgaria (Rosica Spasova),
Serbia (Dara Terzić - Šterić)
Montenegro (Vesna Radonić, Katarina Marković)
Russia -Dance choreographer (Dmitry Ushkov)

PROGRAM OF THE CAMP: - work with apparatus, basic preparation, ballet and dance All days working at 08.00 to 12.00 am. & at 17.00 to 20.00 pm.

TRAININGES: Trainings will be held in the city sports hall MSC, and ballet hall.



Each 7th day we organise excursion with boat in the afternoon. (Island St. Stefan, Island Sv. Nicholas, Jaz Beach, Trsteno Beach, Kamenovo Beach and the other beaches in Budva.)





REGISTRATION: 01.05. 2016. in Hotel and payment 20% of price for all gym.

DELEGATIONS: <u>limited number of 40 gymnasts and obligated 1 coach</u>
(all gymnasts will be distributed in groups and years)

Accommodation and travel expenses paid delegations

ACCOMODATION: HOTEL Apartments Rozino ***

- for 1 person 35 € per night / bed, breakfast & training
- for 1 person 50 € per night / bed, breakfast, lunch and dinner & training
- each delegation 1 Coach have free if he has 10 or more gymnasts/ 10 days







Participation fee for participants who organize accommodation by themselves:

20€ per day/

200€ -10 days/

280€-15 days/

350€-20 days/

400€-25 days/

450€-30days/

500€- all Camp and competition!

Transport delegation:

Organiser will provide transportation of delegation from the airport/railway or bus station to hotel.

- Price is 10€ per person for transport from the airport Podgorica (MNE) or Dubrovnik (CRO)
- Price in 5€ per person for transport from the airport Tivat (MNE)

15.07.2016. Finish Camp and

International Tournament for participants Summer Camp / one exercise



Welcome !!!